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UNIVERSITY NEWS

LET IT SHINE

Northwest plans to brighten up campus

By Whitney Keyes
Managing Editor

Lighting budget

Northwest budgeted \$22,500 for campus lighting for the 2008-2009 school year. So far, they've spent about half of that, Vice President of Finance and Support Services Ray Courter said. That money goes toward buying new equipment, such as streetlights, light bulbs or other equipment needed. The electricity needed to power the lights is not included in this budget.

When evaluating new lighting equipment, Courter said the University are sure to choose the most efficient models possible so to keep the costs down.

"We do the best we can with the resources we have available. Hopefully we can increase the budget next year," Courter said. "Unfortunately, not everything is equal. But that is one thing we would resist cutting because it has such a profound impact on campus."

Deficient lighting

As of the last lighting inspection, done earlier this trimester, there are 26 areas on campus with deficient lighting, Campus Safety Director Clarence Green said. The Illuminating Engineering Society of North America recommends a minimum of .6 to 1 footcandle. A footcandle measures the light on a surface. These 26 areas on campus have less than .6 footcandle. The darkest spots on campus include College Avenue, the street that runs by Colden Pond and Bearcat Stadium. Also, University Drive, which runs from Mabel Cook to Centennial Drive, has several dark spots, particularly right by the east side of the Administration Building. The intersection of Centennial and University drives was also deemed to have deficient lighting.

What now?

Northwest will increase all lighting less than 1 footcandle until it is at least 1 footcandle. Other areas with lighting more than 1 footcandle will not be altered. Total, the University will increase lighting for about 30 areas, Green said. This process has already started, he said. Courter and other officials expect the project to take a year or two. In addition, Northwest will replace all of the high-pressure sodium lights with metal halide lights. Currently, campus has a combination of both kinds of lights; high-pressure sodium are the yellow tinted lights and metal halide are the white lights, Green said. The University also plans to discuss posting signs at the crosswalks, reminding students to look both ways and pedestrians have the right-of-way.

Other factors to consider

In addition to adequate lighting, Campus Safety and other University officials are evaluating other ways to ensure students' safety. The cleanliness of the streetlamps is one issue to consider. As the glass surrounding the light bulb gets dirtier, it becomes harder for the light to shine through. Also, nearby foliage can obstruct lighting, so it must be positioned to give light a clear path.

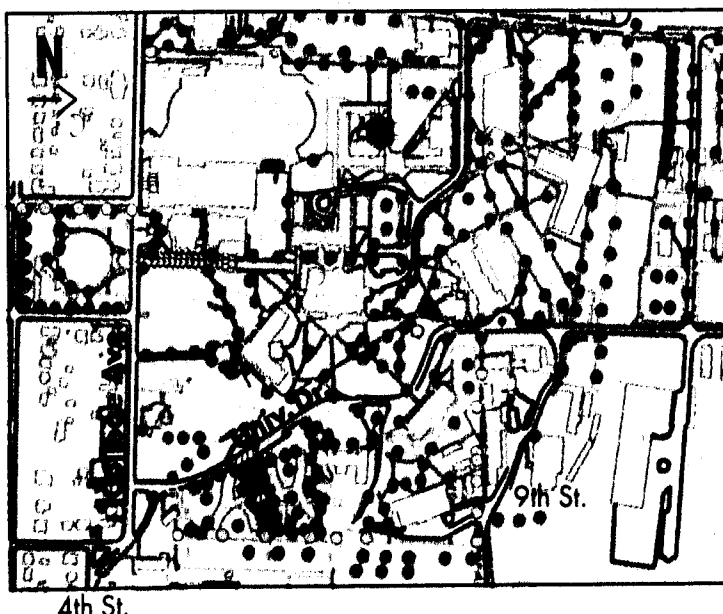
Alternative ideas

In the past, Northwest has tried illuminating paint for the crosswalks, Green said. The paint was supposed to increase safety as it made crosswalks more visible to both drivers and pedestrians. However, the paint wore off quicker, which meant Northwest had to repaint crosswalks three times as often, Green said. University officials opted to discontinue usage of the illuminating paint because it was not as cost effective. Another considered option was to increase the number of stop signs on campus, especially those at crosswalks. Green said only five or six crosswalks have stop signs. A stop sign at every crosswalk would be possible, he said, but not practical.

What you can do

Green and Courter both stressed several ways students can help ensure safety on campus. Green emphasized pedestrians should always look both ways before crossing and never assume a car will see them and stop. Courter asked for student concerns and suggestions, saying the University appreciated all feedback on dark spots on campus.

Lights around campus



FINANCE

Budget may face cutbacks

By Lindsay Jacobs
Copy Editor

Missouri higher education institutions may soon face state appropriation cuts because of the country's economic problems and the state spending more than its means.

At the end of last year's congressional session, many were aware the 2010 fiscal year budget would fall short, said Paul Wagner, deputy commissioner for the Missouri Department of Higher Education.

Decisions will be coming that will impact the entire University.

This year, Northwest student tuition accounts for 52 percent of Northwest's budget, and 42 percent is made up of state appropriations, Finance and Support Services Vice President Ray Courter said. The rest of the budget comes from grants and fees, Courter said.

If tuition goes up for next year and state appropriations go down there will be a larger gap.

"It really puts the burden back on the student a great deal when that happens," Courter said.

Missouri is currently ranked 47th when it comes to funding higher education, Wagner said.

"Higher education cannot bear the brunt of cuts," Wagner said.

Wagner predicts many higher education institutions are beginning to plan for possible cuts in state appropriations.

Earlier this week, the University of Missouri system announced it is freezing hiring at its four institutions.

Even though decisions have not been made yet, Northwest may eventually have to implement a plan similar to the University of Missouri's as well as cut back on other things such as travel expenses, Courter said.

"The truth is what they're doing is what we'll end up doing," Courter said.

In the previous months, Northwest officials have been meeting to prepare for a possible budget crunch, Courter said. They have been speculating how much the economy will decline and the impact it would have on Northwest, Courter said.

Toward the end of October, Missouri's Higher Education Institutions received an e-mail from Wagner, regarding the impact the deficit would have on institutions. The document indicated cuts will not be necessary for this school year.

The last time Missouri was in a similar situation requests were made to the government for impact statements with 5, 10 and 15 percent cuts.

See BUDGET on A5

STUDENT AFFAIRS



STUDENT SENATE PRESIDENT Abby Freeman rings the bell of '48 24 times during the bell ringing for Joe Dirksen, a Northwest senior who died Oct. 21 on campus at age 24. A tree was also planted in Dirksen's memory.

PRESIDENT HUBBARD: 25 YEARS



photo courtesy of lower yearbook

PRESIDENT DEAN HUBBARD accepts the University's first Missouri Quality Award from Excellence in Missouri Foundation Director John Politi on Nov. 5, 1997 in Jefferson City, Mo. The University accepts its fourth award tonight at Tan Tar A resort in Osage Beach, Mo.

A 'RECEDING HORIZON': Award-winning quality program helps save Northwest from closing

By Evan Young
Editor in Chief

This is the first part of a two-part series that chronicles President Dean Hubbard's most significant contribution to Northwest, the Culture of Quality - its creation, implementation and future.

A campus bus driver, waiting for passengers to board for a tour, gets off and cleans his tires' rims. He doesn't have to - he wants to.

Such is a culture of quality.

An academic department chair works with her colleagues to create reading lists for every major offered so students know exactly what literature will further their knowledge within their chosen

field.

Such is a culture of quality. Students come to a university, cherish the experience and return home to spread the word to family and friends. Enrollment jumps.

Such is the result of a culture of quality.

For more than two decades, Northwest has followed a system of continuous quality management and improvement, introduced by President Dean Hubbard, that makes student success and satisfaction the institution's top priority.

Throughout its existence, the Culture of Quality has evoked from its members applause and apathy, admiration and animos-

ity. Yet it remains the proverbial fuel that powers the Northwest machine and its numerous parts day after day.

And it will continue to do so, providing whoever succeeds Hubbard when he retires next July allows it.

The challenge

When Hubbard arrived at Northwest in 1984, the University was finishing a significant aesthetic upgrade. Some five years before, a fire destroyed 60 percent of the Administration Building and displaced several University offices, departments and services.

See QUALITY on A5

ENCORE SERIES

Speaker encourages political awareness

By Kiley Swopes
Missourian Reporter

From a young age, Eugene Jarecki knew he wanted to be a filmmaker.

As the youngest in his family, it was hard to get a word in edgewise. Politics soon became a big interest and was added into the stories he told as a child, Jarecki said.

Throughout his stay at Princeton University, Jarecki directed many plays.

While directing plays, the era was identified as the beginning of the movie revolution. Films about politics were used to move people instead of entertaining them, he said.

"Princeton only confused me," Jarecki said. "It made me feel special to go to a well-funded school with well-funded staff. However, Princeton portrays the real world to be easier than it is."

Shortly after leaving Princeton, Jarecki filmed a short film, "Seasons of the Litterbugs."

After winning both a Student Academy Award and a Time Warner Grand Prize at the Aspen Film Festival, he thought he made the big time. Soon realizing all beginners received these awards, he found himself sitting by the phone waiting, he said.

Not addressing Republican and Democrats personally, actual American politics are addressed in his

films and lectures, Jarecki said.

Traveling all around the country, his lectures are planned to move people to care more about politics, he said.

Two years ago the Northwest booking agency planned Jarecki's visit to campus for the Encore performing arts series, Campus Activities Director, Angel McAdams Prescott said.

"Northwest paid \$6,000 for Jarecki to come to campus," McAdams Prescott said. "In the big picture that is not a lot of money."

It is the standard price of any speaker and for any campus."

With the venue about half full, students were adjusting in their seats and engaged in his speech, she said.

"He talked about hot topics like the current war in Iraq and the election of the new president," McAdams Prescott said. "The topics engaged both those who agree and disagree with his philosophy on the issues."

Out of all the success in his life, Jarecki hopes all his audience takes one lesson away from his films and lectures, he said.

"Do not go back to sleep," Jarecki said. "Even though the election is over it does not mean you can go back to sleep. Keep informed with our country and be open to political changes that affect your country."



Monday at the PAC, Eugene Jarecki spoke about his film "Why We Fight."

CAMPUS IMPROVEMENTS

Economy making an impact on campus construction projects

By Shane Sherwood
Senior Reporter

Campus construction is still underway, but some renovation projects may be put on hold.

Construction on three Northwest building's continues, all are scheduled to be finished by end of summer 2009.

However, because of the economic crisis, some smaller renovation projects may have to be put on hold until a later time, Finance and Support Services Vice President Ray Courter said.

These projects include the multi-year Support Services facilities upgrade, Courter said.

The project consists of four separate improvements over the course of five years. The first was the construction of a new maintenance shop building located by the Materials Distribution Center, which will be finished sometime by the end of summer 2009, he said.

However, if a state budget cut in the 2010 fiscal year budget occurs, the upgrade of the remaining facilities will be put on hold, Courter said.

"The length of the delay will depend on improving economic conditions," Courter said. "Should a cut in state appropriations funding occur, several small renovation projects will be put on hold."

Construction on Valk continues and is scheduled to be completed by July 2009, Courter said.

Offices are still being built for Valk, as well as windows and new entry ways, Courter said.

Renovations for Valk were

budgeted around \$5 million, he said.

The Northwest Foundation helped fund the renovation, as well as the construction of the studio theater in the Performing Arts Center, Advancement Vice President Orrie Covert said.

"The Northwest Foundation was excited about assisting with these renovation and construction projects," Covert said. "The foundation will be receptive to working with the University to work together in the future."

The Center of Innovation and Entrepreneurship is still on schedule, with it scheduled to be finished by June 2009, Courter said.

"This leaves plenty of time for people to move in and be ready for the fall trimester," Courter said.

All construction projects are within budget and funding has been put aside. Each project is more than half finished, Courter said.

As of now, there are no renovation or construction projects set to be funded by the Northwest Foundation, Covert said.

"There are none on our radar as of now," Covert said.

The University will be impacted from the economic crisis, just like everyone in the country, Courter said.

"We just won't know how much of an impact until late spring," Courter said.

Even though the economy is in crisis, planning and preparation is still underway, he said.

"We have to do those things in order to be prepared," Courter said.

|| The length of delay will depend on improving economic conditions, Courter said. ||

COMMUNITY

BRIEFS

Historical museum to hold annual Christmas celebration Dec. 6

Reservations for a holiday brunch at the Nodaway County Historical Museum are now being taken.

The event will begin at 10:30 a.m. on Saturday Dec. 6 at the museum at 110 N. Walnut St. The menu will include breakfast casserole, fruit, an assortment of breads, orange juice, coffee and tea, along with jam and clotted cream.

Reservations are required and tickets are \$10 each. For more information, call 582-4998.

City officials remind citizens to keep the streets safe in winter

As the city of Maryville prepares for the winter season, officials would like to remind citizens of the policies and notices regarding emergency snow routes within the city.

City residents living on designated "emergency snow routes" are asked to remove their vehicles during an "emergency snow ordinance" notice. These notices are publicly addressed on the local radio stations and through a break on the local cable service.

For more information, call Greg Decker at 562-8012.

Churches gather for Thanksgiving service

Maryville and its surrounding area will hold Service of Thanksgiving at 7 p.m. Wednesday, Nov. 26 at St. Gregory's Roman Catholic Church.

The service will involve participants from several congregations. Non-perishable food items and monetary donations will be collected for the Ministry Center.

VETERANS DAY

Local club sponsors veterans memorial

By Toni Baldwin
Missourian Reporter

As people were remembering veterans and servicemen of past wars on Veterans Day Maryville was making its own memories by putting up a memorial right on Main Street.

Blue Star Memorial is just one of the many memorials supporting these men and women of service throughout the United States.

Genevieve Fulsom is a co-chairwoman along with Carolyn Schroeder on the Maryville Garden Club. This club sponsored the Blue Star Memorial in Maryville along with the American Legion Post. The Maryville Garden Club collected money for the Northwest District from all the different clubs. The American Legion Post donated \$1,000 in honor of this memorial.

This memorial originated in 1945 in New York nationally, Fulsom said. As people gathered the memorial this Veterans Day they looked at the big bronze plaque

that was surrounded by red, white and blue flowers in honor of the veterans, men and women of service from the past and future. The flowers are something that will be continued around the plaque.

"It is wonderful. It is something that is lasting. I was sold on the idea when I first joined. It is something that the service men deserve," Fulsom said.

The Blue Star Memorial can be viewed at the corner of Lincoln and Main in Maryville at the Mable Perkins Memorial Gardens. Schroeder said there are three other markers in northwest Missouri, 51 in the state of Missouri and 1,650 over the United States.

"Honor those who are serving, those who have served, and those who will serve in the future," said Schroeder.

As citizens, veterans, men and women go to view this memorial there can be different feelings upon that visit. Schroeder said as they see it they can be reminded of what it stands for.



MARYVILLE GARDEN CLUB members Joann Espey, Sue Powell, Debbie Cooper and Carolyn Schroeder examine the Blue Star Memorial marker upon its arrival in Maryville last week.

DENTIST

Local dentist collects award for involvement

By Toni Baldwin
Missourian Reporter

When someone hears the word dentist usually the first thing they think of is getting their teeth cleaned, filling cavities or something of that nature. This is what Brian Vierthaler does for a living along with some things on the side associated with dentistry.

Because of all of the things that Vierthaler does he has been honored with an award. He has won the Missouri Dental Association New Dental Leader of the Year for the State

of Missouri.

Aside from Vierthaler's daily duties at his office in Maryville, he participates as the trustee on the Missouri Dental Association Board. He said as the trustee of the board he recommends and oversees all of what Missouri dental boards do.

He said he likes to see how Missouri dentists can serve the under served. Vierthaler was nominated the trustee position earlier this year.

Not only is he a trustee of the Missouri Dental Association Board, but he also serves the Missouri Dental Association, the position as president of the

Northwest Dental Society. In the surrounding communities he is active as a dentist.

With all of the things Vierthaler has done at the age of 34, he has done a lot for the dentistry industry, he said. Doing these things and being part of these boards as well as cleaning patients teeth is why he has won an award is his honor.

"I was extremely honored to receive this award, and I am very enthusiastic in representing northwest Missouri on the board of trustees for the Missouri Dental Association," Vierthaler said.

FIRE

Local firefighter collects award for involvement



A MARYVILLE FIREFIGHTER extinguishes flames after a fire broke out in an exhaust fan of a NUCOR LAMP Inc. building yesterday. Maryville Public Safety Fire Lt. Phil Rickabaugh said the fire was contained within the fan and the damage was minor. There weren't any injuries as a result of the fire.

PROFILE

Faculty member and husband's short plays find publication

By Austin Buckner
Missourian Reporter

The process of writing, editing and finalizing a play script can be difficult and time consuming work. For a Northwest assistant professor, her hard work paid off.

Playscripts, Inc. has accepted two play scripts written by Northwest theatre assistant professor, Amanda Petefish-Schrag, and her husband, Ben Schrag, for publication.

"It's just really exciting," Ben said. "We've been writing these green shows for quite some time. It's a unique experience."

Green shows are usually 15 to 20 minute performances that get the

audience ready for the main show, Ben said.

"Our goal was to get the audience up to speed with the language and educate them about Shakespearean works," Ben said.

"Shakespeare on the Green: Fun, Frantic and Slightly Fractured Introductions to Shakespeare Plays" is an anthology of five one-act green shows written by the couple for Riverside Theatre Shakespeare Festival, a professional company out of Iowa City, Iowa.

"The Imaginary Invalid: A Dramatic Primer" is based on the life of the neo-classic French playwright, Moliere.

"This is another one-act play but

stands on its own as opposed to being grouped with other plays like 'Shakespeare on the Green,'" Amanda said.

The road to publication is a long one. Amanda and Ben have been working on these plays for quite some time.

"My husband and I have been writing two green shows a year since 2003," Amanda said. "The collection of one-act plays in 'Shakespeare on the Green' had been performed before."

We edit and revise based on what we saw during the performances. Once they were performed a few times, we sent them to the publisher to see if anyone was interested and if the plays were marketable. We're thrilled

that the publisher liked them."

According to its Web site, Playscripts, Inc. is an independent publisher of new plays, established in 1998 for the benefit of new authors.

"Playscripts, Inc. was perfect for us," Ben said. "Some publishers recommend plays to premiere in New York City. That's a ridiculous standard for new authors. Playscripts, Inc. helps new authors. It was really our best option."

Both "Shakespeare on the Green: Fun, Frantic, and Slightly Fractured Introductions to Shakespeare Plays" and "The Imaginary Invalid: A Dramatic Primer" are tentatively scheduled for release by Playscripts, Inc. in 2009.

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ANXIETY: "DON'T KILL THE MESSENGER"

One of the most common issues that people deal with from time to time is anxiety. Because of the discomfort that anxiety causes, we tend to view it as an "enemy" and try to distance ourselves from it, either by attempting to push it away by distracting ourselves with alcohol, TV, and anything else close to excess, or by "thinking" about it in our head to figure it out and be rid of it. The problem with both tactics is that they are generally ineffective (at least in the long run), and set the stage for an internal struggle against our emotion that leads to increased anxiety.

An alternative response to anxiety is simply to face it, to view it as a messenger bringing to our attention information about our life. It is important to note that the awareness I am referring to is not a "thinking about" or "figuring out" anxiety, but a very different form of "being with" it. Instead, awareness of our emotions entails a willingness to accept the feeling as part of our experience, and openness to learning what the anxiety is trying to tell us about needed change in our life. The openness can take the form of a concrete question: "What is this feeling trying to tell me about needed change in my thinking, behavior, or current situation?" If we honestly ask ourselves this question, rather than attempting to "kill the messenger", and then truly listen for an answer, we open up the possibility for learning what we need to change in our life. This new learning, in turn, sets the stage for needed action to bring about those changes. And when we adaptively act in response to what we have learned about ourselves, not only does the level of our anxiety tend to decrease, even more importantly, we become more truly the self that we are called to be in this world.

One last note: As with most new behavior, at first this new response to one's anxiety may seem foreign, uncomfortable, and even counter-productive. However, if you persist in viewing your anxiety as a "messenger" to move back into awareness of your feelings (What is this feeling trying to tell me?), there is great potential for decreased struggle, new learning, and genuine growth. Anxiety is a great teacher, if we don't try to "kill the messenger."

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NORTHWEST MISSOURI CELLULAR

Economy woes bigger than bailout package

The following editorial appeared in the Miami Herald on Tuesday.

It is now clear that the administration is groping in semi-darkness for answers to the nation's cascading economic woes.

The \$700 billion bailout plan that once was supposed to buy up troubled assets held by Wall Street has instead become a rescue plan for banks and credit markets. With so much government money being doled out, it should come as no surprise that many troubled businesses, including the Big Three U.S. automakers, are lining up to get their share. Who can blame them?

Now is the time, though, for America to take a deep breath, exhale gently and just say No. Instead of a bailout, Detroit needs some tough love. Sure, the U.S. auto industry could use some help — but so, too, could the rest of America.

A few weeks ago, Treasury Secretary Henry Paulson predicted an economic meltdown if Congress refused to approve a bailout plan. Lawmakers responded with \$700 billion. Now, in hindsight, we know that even with billions flowing to banks and credit markets, the economy has continued to deteriorate. So the administration's pitch now is to ask for patience. Without the cash infusion, the situation would be much worse, Paulson says. And, yes, he says, the money has brought some stability to troubled credit markets. Really?

What is obvious is that the administration is making up the answers as events unfold. Also obvious is that the U.S. economy is in deeper trouble than anyone could have predicted. Companies everywhere are declaring bankruptcy, eliminating jobs, going into survival mode. Consumers, too, are hunkering down.

In this economic free-fall, the U.S. auto industry is asking the president and Congress to pick favorites. Yet the economic forces at play are beyond the federal government's ability to control. This is where the administration and Congress must draw a line. GM, Ford and Chrysler have already gotten a \$25 billion loan to convert to the production of "green" vehicles. They should not be given another \$25 billion. U.S. automakers must find ways to rescue themselves.

The bill that Congress will consider this week to help the industry has some impressively stringent requirements in return for giving the industry money. These include a thorough restructuring, placing limits on executive pay and banning "golden parachutes" for top executives. But why should the taxpayer be left on the hook when the Big Three ignored years — actually, decades — of warnings that they were headed for ruin? Bankruptcy laws are made for cases like these. Congress must tell the automakers to look elsewhere for answers. The federal government can't print enough money to save every troubled company — nor should it try. (McClintch-Tribune News Service - MCT)

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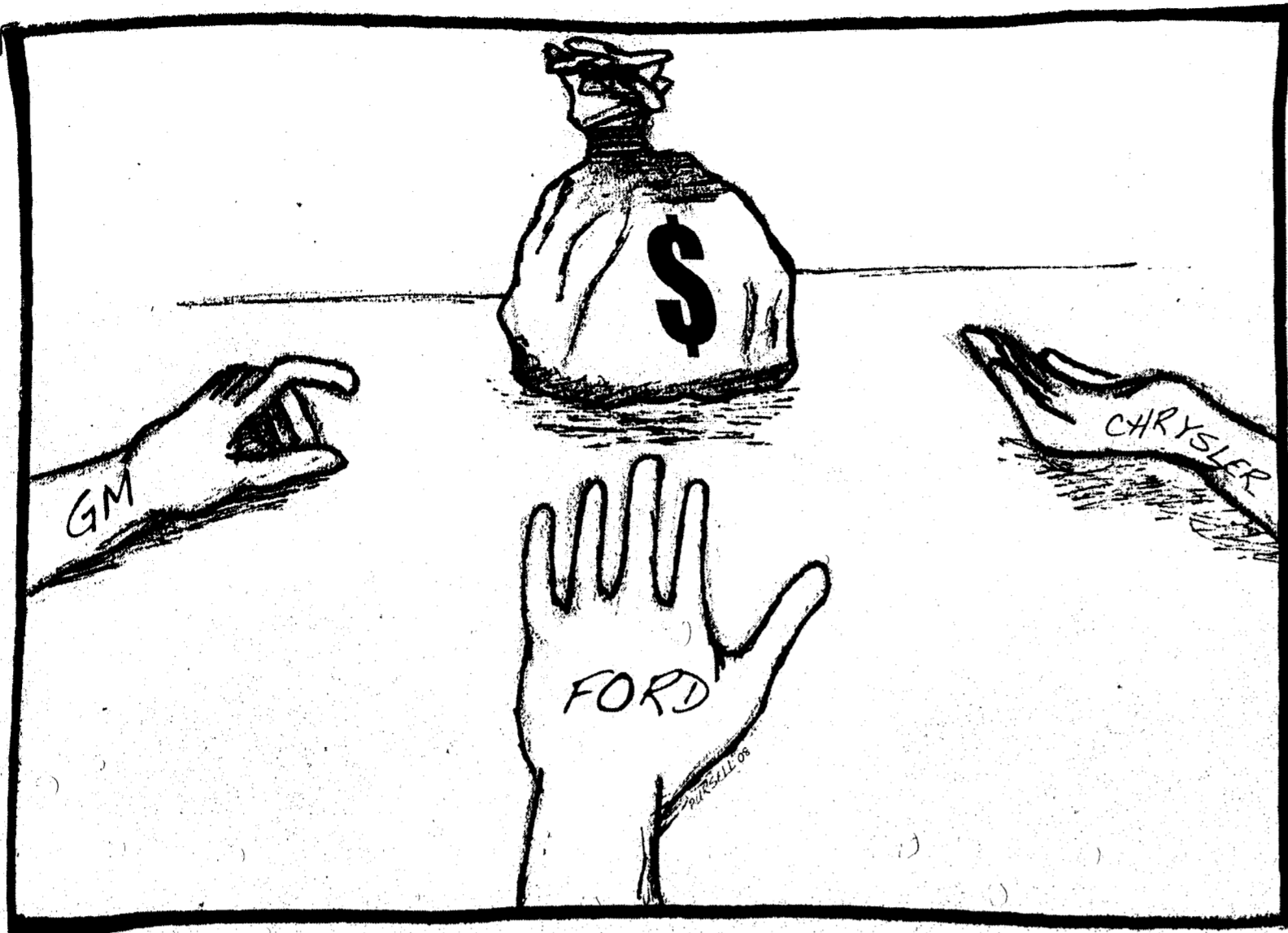
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MY VIEW

New amendment could harm Russian society

Russia's President, Dmitry Medvedev, has recently proposed some major legislation: the lengthening of term limits of both the Duma (the lower house of the Russian parliament) from four years to five-year terms, as well as the length of term limits in the office of the president, from the current four years to six-year terms.

Although the government has denied it being a means to strengthen the executive branch of the Russian government, it is an act to strengthen the central government of Russia, which encompasses the executive branch, and more specifically, the presidential office.

Since the beginning of the Russian federation, modeled after France's

Fifth Republic, the government of Russia's most notable feature has been a strong executive. This strong executive was necessary at the beginning, largely due to the great instability of the area after the collapse of the Soviet Union. And through legislation, the executive branch, and the central government in general, has become increasingly stronger over time.

The last president, Vladimir Putin, proposed legislation in 2005 to increase the percent of support to



Kathleen Wilmes
Contributing Columnist

run for national elections from 5 to 7 percent, largely decreasing the number of political parties being able to participate in elections, and strengthening the main political party, United Russia.

This new amendment to the Russian constitution, proposed by the current president of Russia, although through different means, supports the same end — an even stronger central government, and an even stronger, as well as a less challenged, executive branch.

Although this does not apply to Medvedev now, it would, however,

take effect after the next presidential election, which is scheduled for 2012.

Political philosophy teaches us, among other things, that all political units go through periods of political growth as well as political decline. We can see this with any and all countries today, including the United States.

However, a state's constitution, if effectively constructed and carried out, is a means to prevent this decline as long as possible, and extend any positive growth.

If the new amendment to Russia's constitution goes through, as expected, I strongly believe the Russian Federation will go through this decay of the body politic at a far faster rate, and do greater harm to an already shaky Russian civil society.

Society should practice Smokeout ideals every day of year

By Heather Moore
People for the Ethical Treatment of Animals (MCT)

The Great American Smokeout is Nov. 20, but I think it should be observed every day of the year. Not only is smoking harmful to humans, it also hurts animals. The next time you're dying for a cigarette, remember that your friends, your relatives, your animal companions and animals in laboratories all suffer when you smoke. That will help deaden your desire for nicotine.

By now, we all know the health risks associated with smoking. According to the Centers for Disease Control and Prevention, men who smoke are 22 times more likely to die of lung cancer than those who don't. Female smokers are 12 times more likely to die of lung cancer than female nonsmokers. Smokers also have a higher risk of getting at least eight other cancers, two to four times the risk of developing coronary heart disease and twice the likelihood of having a stroke.

About 90 percent of all deaths from chronic obstructive lung diseases are attributed to smoking.

People who are exposed to secondhand smoke face equally grim consequences. Breathing smoke — indoors or out — for even a short time has harmful effects on one's cardiovascular system. Exposing your loved ones to secondhand smoke increases their risk of heart disease and lung cancer by up to 30 percent. Passive smoke can cause sudden infant death syndrome and serious respiratory problems in children.

Researchers at the University of Massachusetts and Tufts University School of Veterinary Medicine have found that passive smoke harms animals too. A case control study showed that cats living with smokers are more than twice as likely to suffer from feline lymphoma, a deadly form of cancer. Other studies suggest that environmental smoke can cause lung and nasal cancer in dogs.

Joe Camel might have taken a few drags, but real animals would

never inhale tobacco on their own. Yet mice, rats, ferrets, dogs and primates continue to be mutilated, pumped full of nicotine and forced to inhale smoke in cruel, archaic laboratory experiments.

In studies funded by the government, experimenters have cut holes in beagles' throats and made them breathe concentrated cigarette smoke for seven days a week for up to five years. They've inserted electrodes into dogs' penises to see if smoke affected their sexual performance and cut living dogs' chests open to study how cigarette smoke causes airway irritation and coughing. They've also forced rhesus monkeys and baboons to breathe cigarette smoke daily for up to three years to determine how it affects their hearts and exposed pregnant monkeys to nicotine to observe its detrimental effects on their fetuses.

In a recent experiment at a major U.S. tobacco company, more than 1,000 mice and rats were killed after being forced to breathe cigarette smoke to test the effects of adding high-fructose

corn syrup to cigarettes as a flavoring agent — even though U.S. law doesn't require tobacco products to be tested on animals (American Spirit cigarettes are not) and even though everything we know about smoking-related diseases has come from population and clinical studies, not from animal experiments. Different animals have different reactions to toxins and diseases, so they don't make good models for humans. The experiments are also inaccurate because animals in laboratories aren't normally exposed to nicotine in the same manner and on the same time schedule as humans.

Nevertheless, millions of dollars and hundreds of thousands of animal lives have been wasted on experiments that are so inhumane and irrelevant that they've been banned in Britain for more than a decade and were recently banned in Belgium. That alone should convince you to butt out cigarettes for good. When you consider all the risks of smoking — to humans and animals alike — you'll surely find the strength to kick the habit once and for all.

PUBLIC SAFETY

Nov. 7

Tyler Sikes, Maryville, affray, 100 block E. Third

Jason E. Sack, 33, Maryville, improper registrations, failure to maintain financial responsibility

Leaving the scene, ongoing investigation, 30,000 block U.S. highway 136

Nov. 8

Trevor J. Beck, 20, Maryville, minor in possession, disorderly conduct, 200 block W. 7th

Nov. 9

Ron I. Purnell, 22, Maryville, driving while influenced, operating with an open container, failure to obey traffic signal, failure to maintain financial responsibility, 1,000 block of W. Edwards

Nov. 10

Michael L. Hull, 17, Maryville, failure to yield to an emergency vehicle, careless and imprudent driving, failure to display lighted headlamps, failure to obey posted stop sign, 700 block W. Edwards

Lost/stolen plates, ongoing investigation, 400 blk S. Laura

Nov. 11

Clayton N. Parsons, 20, Maryville, assault on an officer, resisting arrest, minor in possession, domestic assault, 100 block N. Main

Jeffrey R. Carlson, 26, Maryville, disorderly conduct, 500 block N. Main

Nov. 12

Nathan D. Goldstein, 22, Maryville, improper registration, failure to maintain financial responsibility, 500 block N. Main

Nov. 13

Mary A. Riley, 55, Maryville, sale of alcohol to a minor, 600 block S. Main

Derek J. Bowen, 20, Maryville, possession of altered/fictitious I.D., 400 block N. Buchanan

John L. Price III, 49, Maryville, operating a motor vehicle with an open container, 1600 block N. Dewey

Nov. 15

Richard A. Jobe, 22, Maryville, driving while influenced, speeding, 200 block E. Third

Dakota C. Dreher, 20, Maryville, disorderly conduct, 500 block W. Second

Richard R. Long, 18, Maryville, disorderly conduct, 500 block W. Second

Molly A. Heath, 23, Maryville, improper registration, failure to maintain financial responsibility, 400 block N. Buchanan

Nov. 16

Lisa C. Jones, 21, Independence, Mo., open container in a motor vehicle, 300 block W. Seventh

Nicole R. Kelmel, 26, Maryville, open container in a motor vehicle, 300 block W. Seventh

Kelly L. Adkins, 22, Maryville, illegal U turn, 300 block W. Seventh

Milton R. Johnson Jr., 40, Ormond Beach, Fla., driving while influenced, illegal U turn, 300 block N.

VOLUNTEER SERVICES

Students serve society

By Shane Sherwood
Senior Reporter

It started with a flier, and continues with rewarding experiences.

Northwest student Alycia Gilbert first got involved with Volunteer Services and service learning last spring with Alternative Spring Break. Now she continues to volunteer around the community and campus.

Gilbert did not volunteer often before she got involved with Alternative Spring Break. Now, she volunteers at concerts, the Pow Wow and occasionally valet parking for campus events.

"I mainly deal with Alternative Spring Break, but I help out as much as I can," Gilbert said. "When I got involved, I wasn't involved in very much, but after talking to Amy (Nally) and seeing the passion that she has for volunteering, it kind of became my passion as well."

While volunteering for Alternative Spring Break, Gilbert changed her outlook on life.

One night when helping at the Give Kids the World Village in Kissimmee, Fla., Gilbert helped with family fishing.

"That was the most fun I had because it was so calm and relaxed," Gilbert said. "It was amazing to see these kids that have gone through

so much still be kids that are healthy and wonderful."

Participating in Alternative Spring Break is one of the greatest learning experiences Gilbert has had, she said.

Volunteering offers networking skills and someone can build friendships through volunteering, she said. It is also very satisfying for her.

"At the end of the day, it's really rewarding to know that you helped someone else," Gilbert said. "It becomes less of a chore and becomes something more fun to do."

Volunteering is not just picking up trash, Gilbert said. There are many different ways to volunteer.

"I used to always think that volunteering was, 'Oh, I have to go pick up trash,' and be really bummed about it, but there is such a wider range of volunteering," Gilbert said.

Volunteer Services Coordinator Amy Nally said Volunteer Services is an opportunity for students, faculty and staff to volunteer for community services on and off campus.

For four weeks, Volunteer Services sponsored a table in the J.W. Jones Student Union, promoting voter registration and helping about 750 students on campus register, Nally said.

There are more than 1,000 names

on the volunteer list who volunteered at one time or another, Nally said.

She first got involved with volunteering because it made her feel good and to make students aware of volunteering.

"Volunteering gives me the self satisfaction of knowing that I made a difference in life," Nally said. "It's a great way for students to stay involved in the community and for the community to see them as not just as students but as someone who gives to and cares about what happens in the Maryville community."

Some of the upcoming opportunities to volunteer include the Pow Wow, MOSAIC and collecting food for the Ministry Center food pantry.

For someone interested in volunteering, Gilbert said to go for it.

"It looks great on resumes to be able to say that you have volunteered, and it really shows your future employers that you are willing to do something outside of yourself," Gilbert said. "I think that is a great quality to have. It is also a really great way to meet people on campus and get involved and make friends."

If anyone is interested in volunteering, they should contact Amy Nally by e-mail at Anally@nwmissouri.edu or by checking out the Volunteer Services Web site on the Northwest Web site.

STUDY ABROAD

Ireland impresses marketing major

By Kiley Swopes
Missourian Reporter

After making a deal with her parents to attend Northwest, a student had the opportunity to study abroad.

Marketing and Management major, Amanda Scott spent half of her senior year studying abroad in Belfast, Northern Ireland in the fall of 2007.

"My top choices were northern Ireland and Scotland," Scott said. "I wanted to go to Ireland because I had always heard how beautiful the country was and how it had so much history."

As a participant with the International Student Exchange Program (ISEP), choices of where to study abroad are ranked and then the ISEP choose where a student goes, Scott said.

A chance to make new friends while staying in touch back in the United States was not the only reason for studying abroad.

The United States culture is completely different from the European culture, Scott said.

"I learned how much other coun-

tries follow American politics," Scott said. "I had friends from Switzerland who knew more about who is doing what in Washington than I did."

The university consisted of two buildings. One building was only for engineering students and the other building was for everyone else. Each building had six floors and 12 wings, Scott said.

"A pub and dance club were located right next to the cafeteria and was open until 1 a.m.," Scott said.

While experiencing a new world, she was thought of frequently at home.

"I missed being able to talk about what was going on in our lives," Pankau said. "What she did day to day, just the typical conversations you have with someone you see every day and are close to."

While enjoying her study abroad experience, she made many different friends from different countries, Scott said.

"I would do it again in a heartbeat," Scott said. "I am actually planning a trip back this spring or summer so I can visit my friends."

BUSINESS

Microsoft not interested in buying Yahoo

By John Letzing
MarketWatch

SAN FRANCISCO (MCT) — Yahoo Inc. shares plunged to their lowest level in more than five years Wednesday after Microsoft Corp. Chief Executive Steve Ballmer told investors at the company's annual meeting that he is no longer interested in an outright acquisition of the Internet company.

However, Ballmer said that Microsoft remains open to the possibility of a more narrow deal that would have the software giant tapping into Yahoo's online search business.

Ballmer's remarks come days after Yahoo's announcement that CEO Jerry Yang will be stepping aside, a move that many have interpreted as meaning the Internet company is seeking to pave the way to another round of merger talks with Microsoft.

While Yang's resignation provided a short-term boost to Yahoo shares, news of Ballmer's comments Wednesday helped send the shares tumbling as low as \$9.07, their lowest level since February 2003. The shares closed more than 20 percent lower at \$9.14. Microsoft shares closed more than 6 percent lower at \$18.29.

In comments made during the meeting, Ballmer said that

he is not interested in once again pursuing Yahoo, which declined an acquisition bid that reached as high as \$33 a share earlier this year. Microsoft eventually walked away from the talks in May, after failing to come to an agreement with Yahoo on price.

"Let me be as clear as I think I've tried to be publicly: We are done with all acquisition discussions with Yahoo," Ballmer told shareholders. "We have moved on."

Ballmer added, though, that he still sees an "interesting opportunity" for a potential search deal with Yahoo. Microsoft earlier this year made a separate offer for that company's search business, after talks about a full acquisition broke down.

In addition, Yang said earlier this month at a technology conference in San Francisco that he remains "open-minded" about a possible search-only deal with Microsoft.

While Yahoo has previously said it's reluctant to split its search advertising business from its graphical display advertising business — arguing that the two will become more interdependent over time — some observers have long been pressing for such a move.

Those observers believe that Yahoo went astray in recent years

by pouring resources into a futile effort to keep pace with rival and online search market leader Google Inc.

Yahoo "should have been investing in the other assets," said Mike Leo, a co-founder of online advertising company aQuantive Inc., which was acquired by Microsoft last year, and current chief executive of Operative Inc. "The more they can simplify their business, the more they can do for advertisers."

Collins Stewart analyst Sandeep Aggarwal has estimated that a search-only deal with Microsoft could mean an "\$8 to \$10 per share lift to Yahoo."

While Microsoft has made such an offer before, Yahoo's situation has now changed, Aggarwal wrote in a note to clients.

For example, Yahoo previously hoped to form a search advertising partnership with Google, which would have netted it hundreds of millions of dollars in additional revenue. That proposed deal, however, fell apart earlier this month due to scrutiny from antitrust regulators at the U.S. Department of Justice.

"A search deal or opportunistic Yahoo acquisition by Microsoft may work this time," the analyst wrote.

BUDGET: Data speculative, at least for now

Continued from A1

The e-mail provided estimates those speculative so plans could be made accordingly. Officials are keeping those numbers in mind as they make next school year's budget, Courter said.

"Those early kinds of conversation, I suppose, crystallized when we received this e-mail because until we received this e-mail, we could speculate that the state would naturally be impacted by job losses and therefore general tax revenue declining," Courter said.

"I'm talking about losses of jobs throughout the economy and people buying less and so sales tax is less."

The cabinet has had discussions about those draft budgets.

"We developed a couple pages of calculation assumptions that drive the numbers throughout each of those three scenarios," Courter said.

He wanted to emphasize these early numbers are just speculations. As early as mid-January, the governor will issue the state's budget to send to the state legislature. Appropriation bills are then sent to the governor to sign, which has to be done in June, Courter said.

There is a chance Northwest may not know anything until the end of June as far as next year's budget.

In the mean time, Courter recommends faculty, staff and students cutting back on spending now so money left over from this year can be applied to next year's budget. He said money can be saved doing things like shutting off lights in campus rooms not being used.

"Just because we have a budget now in place doesn't mean we ignore being frugal... every dollar we can save today is a dollar we get available to help us next year," Courter said.

QUALITY: '80s brought state recession

Continued from A1

However, instead of simply rebuilding what was lost, then-President B.D. Owens envisioned a Phoenix B.D. Owens envisioned constructing new facilities while saving what could be saved from the Administration Building. The Owens Library, the Performing Arts Center and a new Wells Hall, among other improvements, were the products of Owens' vision of expansion that remains intact today.

But statewide, things didn't look so promising. Missouri was in a recession, and higher education arguably felt it most. At Northwest, enrollment numbers were poor and employee salaries were low. As a whole, the institution was simply no different than its competitors.

So much so, that shortly before he moved to Maryville, then-Missouri Commissioner for Higher Education Sheila Aery told Hubbard there was a move at the state capital to close Northwest and turn the campus into a prison. Aery would only oppose it after she heard Hubbard's plan to make the University worth keeping open.

Hubbard took this challenge back to Maryville when he took office at Northwest in August 1984. The first step was to measure the state of quality at Northwest — "management with facts," Hubbard called it.

"If you can't measure it, you can't improve it, and if you don't measure it and you don't pay attention to what's happening over time, you won't improve it," he said.

That fall, he sent out a memo to the University asking "If you could wave a magic wand on campus and change one thing to form a culture of quality, what would it be?"

"I was just trying to get ideas, I wasn't trying to coin a phrase," he said.

What came back was more than 200 suggestions, which Hubbard and his administration compared with those offered by industry experts. Many were similar, such as the creation of undergraduate research programs and living/learning environments, where residence halls go beyond simply housing students.

That in mind, the administration set to work on identifying the University's core values,

the goals it wanted to accomplish based on those values and building the foundation for what would become the Culture of Quality.

"If it ain't broke, fix it"

The basis for the Culture of Quality system was the work of late professor and college president Douglas McGregor, who Hubbard considers to be a pioneer in quality research.

McGregor's book, "The Human Side of Enterprise," describes two attitudes that typically drive motivation in the workplace. The first, Theory X, assumes people are lazy, dislike work and have to be manipulated and heavily controlled by their managers to do what they are supposed to. Conversely, the second attitude, Theory Y, says people are naturally ambitious, want to be part of a winning team and, under trusting and encouraging management, will work for the end satisfaction of knowing they got the job done.

Hubbard said most workplaces in society operate under Theory X, which he believes doesn't lead to quality.

"Don't create a system of distrust just because you have a few bad apples," he said.

Therefore, he wanted to implement a system where — among other things — management trusts employees, feedback is always encouraged and processes, not necessarily people, are evaluated when something goes wrong.

The result is a culture that, no matter how effective, continuously strives to improve itself. By viewing quality as a "receding horizon," a phrase Hubbard used, the culture would always be on the lookout for ways to adapt to ever-changing environments and expectations. With a well-oiled quality system, the University could focus solely on achieving goals that put students first and thus improve their performance.

"The Japanese have a saying, 'If it ain't broke, fix it,' instead of 'don't fix it,'" Hubbard said. "Everything can be improved."

Hubbard and his administration finally presented the Culture of Quality document to the Board of Regents for approval in April 1987. It passed, and what came next was unprecedented.

Don't create a system of distrust just because you have a few bad apples.

President Dean Hubbard

COMMUNITY NEWS

Water safe to drink

By Chris Lee
Community News Editor

The question about the safety of Maryville's water seems to be on people's minds throughout town.

Water Plant Manager, Steve Guthrie said the water Maryville residents drink is safe and no one should worry about the quality of the water.

Many citizens in Maryville received a notification in the mail in October describing the current state of the city's drinking water. Maryville's water failed to meet the total organic carbon (TOC) removal requirement by a running 12-month average of 0.91. A level of 1.0 is the required amount. The sample tested was collected in the second quarter (April 1 to June 30).

"With the average below the required level, the water doesn't present any health concerns," Guthrie said.

However, total organic carbon

provides a medium for the formation of disinfection by-products. Those include trihalomethanes (THM) and haloacetic acids (HAA5).

The notice distributed to residents explained the different contaminants in the water. Disinfection by-products, such as (THM) and (HAA5) are formed when disinfectants such as chlorine react with naturally occurring organic matter, called TOC.

The reason behind the plant not meeting the required TOC removal rate is due to the lakes alkalinity, Guthrie said.

Due to the low 12-month average and the removal rate just below 1.0, Guthrie expects another notice to go out to the public in January.

"You can have as much TOC in your water and it's not going to hurt you," Guthrie said. "Yes, we know there is an issue, but there are no health effects from the TOC violation. It's more the state saying hey, you have an issue here, we don't want it

to turn into something worse."

Different methods can be used to treat the drinking water. Right now, the city uses chlorine but other methods are being looked at.

"We're looking at the UV absorbents to meet the alternative criteria for meeting this rule," Guthrie said. "We are currently meeting all of our THM's."

No matter what people may say, the water in Maryville doesn't present any health problems.

"The water is safe to drink by all state standards," Guthrie said.

Buying a filtration system will help with the taste of the water as well as help clean some chlorine and lead out of the water. Following the directions and changing the filter every three months is important for the filtration system to work properly.

For information or concerns, contact Steve Guthrie at 562-3713 or the Missouri Department of Natural Resources' Kansas City Regional Office at 816-622-7000.

ELECTRONICS

Computer mouse may go extinct

By Emi Endo
Newsday

MELVILLE, N.Y. (MCT) - The computer mouse may someday become an endangered species.

Instead of rolling a mouse around to move a cursor around on the screen, more and more users will gesture with their fingers on touch screens and multi-touch trackpads, analysts say.

Or they will tilt or shake the phones or other handheld devices themselves to manipulate them, said Steve Prentice, vice president and fellow at Gartner, a market-research firm based in Stamford, Conn.

Apple's iPhone, Nokia and other smart phones are already undergoing such a transformation with touch screens, he said in an e-mail, and the switch "will accelerate over the next two to three years."

On an iPhone or iPod touch, a user can scroll through album cov-

ers by flicking a finger across the screen, or tilt and turn the device to control actions in a game.

Prentice, based in Egham, England, said users will likely stop connecting a mouse to their laptop computers within the next five years, if they haven't already. And the use of a mouse will diminish on office desktop computers after that. The new trackpads are seen as offering more versatility.

"The demise will be hastened by the move toward 3D environments, which encourage a more complex range of movements to move around, and by the growth of multimedia applications and manipulation, which encourage a more natural user interface," he said.

Already, Hewlett-Packard makes a TouchSmart personal computer with a touch-screen monitor. Apple's new laptop computers have trackpads that support gestures with two, three

or four fingers. And the upcoming Microsoft Windows 7 will also support multi-touch.

Not so fast, says Logitech International, the Swiss maker of mice and other peripherals. Touch screens will continue to develop, but, "I don't see a world where it would override the effectiveness of the mouse and keyboard," said Erik Charlton, director of product marketing for Logitech retail pointing devices.

The history of the mouse dates to 1968, originating at what was then known as Stanford Research Institute.

A glimpse of the future can be found at the Microsoft Technology Center in Manhattan, where visitors can get their hands on a Surface table.

The Surface computer, which debuted for commercial use in July, has a 30-inch screen on which users can tap, drag, spin and zoom in and out with their fingers or an object such as a paint brush.

NWMISSOURIAN SPORTS

THURSDAY

Nov. 20, 2008

NWMissouriian.com

NW FOOTBALL

JUNIOR RUNNING BACK LaRon Council carved up the Pittsburg defense when Northwest met them earlier this season. Council ran for 144 yards and four touchdowns.

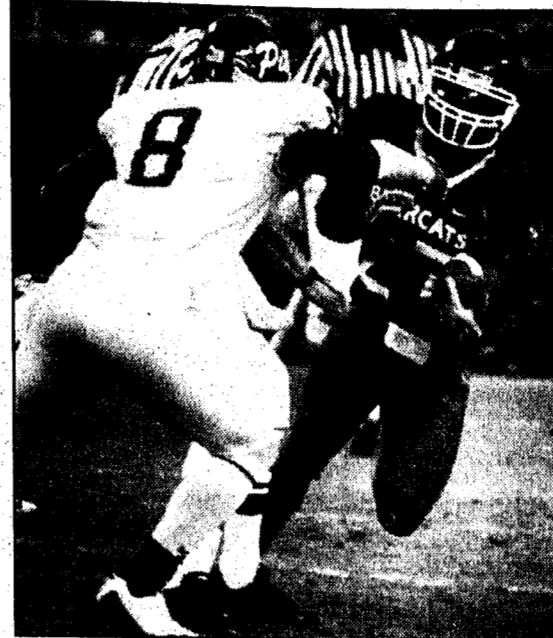


photo by Seth Cook
chief photographer

Gorillas bring improved squad to Maryville

By Marcus Meade
Sports Editor

In their last meeting, Northwest jumped on Pittsburg State early and never looked back, shutting down the Gorilla running game and dominating the line of scrimmage.

This time, the 'Cats insist a win won't come so easy.

"They're a better football team now; there's not doubt about that," coach Mel Tjeerdsma said. "I think they're playing at a pretty good level right now. They're playing with a lot of confidence."

Pittsburg's improved play helped

it earn a trip to Maryville to play Northwest. The Gorillas defeated Nebraska-Omaha 33-21 last week. They haven't been to Maryville since the two teams started playing their regular season match ups at Arrowhead Stadium.

The Gorillas have won their last six games since losing to the 'Cats 35-10. In those games, they're averaging more than 41 points per game.

Pittsburg quarterback Mark Smith led the attack against the Mavericks with 212 yards on the ground, 153 yards passing and a touchdown.

"Run support from the secondary will be real key, especially from the

corners," senior cornerback Brandon Clayton said. "First, you have to play that pass because they do have option pass; they do have play action pass. But being a secondary run support on that option will be critical especially to stop big plays."

The option attack is the main cog of Pittsburg's offense, and Clayton expects that to remain the same, but he also thinks the Gorillas may throw a few new wrinkles into their offense. In their game earlier this year, the 'Cats held the Gorillas to 86 yards rushing; that's the only game this season they've been held to less than 100 yards rushing.

On defense, the Gorillas may be looking to increase their aggressiveness with blitzes, Tjeerdsma said. It will be up to Northwest's experienced offensive line to keep quarterback Joel Osborn upright and open holes for running back LaRon Council.

"We've got a lot of experience seeing blitzes from wherever they're bringing them and switching them off and picking people up," senior offensive lineman Matt Nelson said. "So, I think that will help us out a lot."

At Arrowhead Stadium, the offensive line helped pave the way for 193 rushing yards for

See FOOTBALL on A8

STRESS

Stress warps brains and behavior, scientists discover

By Robert S. Boyd
McClatchy Newspapers

WASHINGTON (MCT) - Scientists have discovered how stress - in the form of emotional, mental or physical tension - physically reshapes the brain and causes long-lasting harm to humans and animals.

"Stress causes neurons (brain cells) to shrink or grow," said Bruce McEwen, a neuroscientist at Rockefeller University in New York. "The wear and tear on the body from lots of stress changes the nervous system."

He said that stress is "particularly worrying in the developing brain, which appears to

be programmed by early stressful experience."

Stress in early life, even in the womb, can later lead to undesirable changes in behavior and the ability to learn and remember. Other consequences may be substance abuse and psychiatric disorders, researchers said at a conference of neuroscientists in Washington this week.

"Prenatal stress can change the brain forever," said Tallie Baram, a neurologist at the University of California, Irvine. "Stress changes how genes are expressed throughout life."

Even short-term stress can be harmful, Baram said. She described her work with labo-

ratory mice, which were immobilized for five hours and subjected to loud rock music. The ordeal reduced the number of delicate fibers that carry signals between neurons, an MRI brain scan of the stressed-out mice showed.

The experiment offered "insights into why some people are forgetful or have difficulty retaining information during stressful situations," Baram said. She said that neuroscientists hope they'll be able to "design drugs to prevent the damage due to stress."

Long-lasting, chronic stress also physically affects the brain, according to Fred Helmstetter, a researcher at the University

of Wisconsin, Milwaukee. After laboratory rats were tightly restrained for six hours daily for 21 days, without food or water, the animals' hippocampus - a brain region involved in learning and memory - shrank by 3 percent.

Another researcher, Lauren Jones of the University of Washington in Seattle, found that rats subjected to 60 minutes of restraint and electric tail shocks lost their ability to decide which path in a maze to take to receive a reward.

"If uncontrollable stress disrupts rats' abilities to adjust their behavior," she said, "how influenced by stress are people's frequent and complex

daily decisions?"

Nim Tottenham, a neuroscientist at the Weill Cornell Medical School in New York, studied children adopted from orphanages abroad who suffered from anxiety and had difficulty controlling their emotions.

Brain scans showed that these children's stressful upbringing increased activity in the amygdala, a region involved in emotion. "Adverse rearing environments can produce long-lasting changes in the ability to regulate emotion," Tottenham said.

Simona Spinelli, a researcher at the National Institutes of Health in Bethesda, Md., worked with monkeys who

were taken from their mothers the day after they were born, an emotionally stressful experience. Brain scans taken two years later showed that changes in the monkeys' brain regions that handle emotions were enlarged, evidence that stress can change the structure of the brain.

"Exposure to a stressful early-life environment has long-term consequences on brain development," Spinelli said. It's "a structural indicator for an increased risk of developing stress-related neuropsychiatric disorders in humans."

"Stress begins in the brain - it's in our heads," McEwen said.

Q&A

the BIG show

Athletic director loves life in Maryville

By Christopher Woodland
Community Sports Editor

At just about any Maryville high school activity, fans can catch a glimpse of a man affectionately known as "The Big Show." Short and slender with a mischievous grin, Paul Snow doesn't have the look of anything big or showy, but in a life that's taken him from Red Oak, Iowa to the NFL, he's seen the big stage and found what he loves.

Q: CW: What was your job with the Indianapolis Colts?

A: PAUL SNOW: I was introduced to that job through D.C. Colt when I was in under-grad school at Northwest back in the late '80s. He had known a friend of his that was an assistant trainer for the Colts, and they hire summer help, so D.C. kind of put me in touch with them. I spent two summers in Indianapolis while I was going to school at Northwest. So, it wasn't a full-time gig, it was just during the summers. So, what happened there is I was just a student assistant athletic trainer. So, we traveled with them hung out with the players all day long during the pre-season and stuff like that. After my two summers there, I graduated from Northwest and talked to them about a position, but I decided I was going to go to grad school instead. Looking back, I don't know. Mistake or not, who knows, but I declined that offer and went on to grad school at Iowa State.

Q: CW: Who all was there when you were with the Colts?

A: PS: Erick Dickerson was there, Jeff George, Andre Rison was a rookie that year. At that time, they weren't a very good team. They had some superstars, but they weren't a very good team.

Q: CW: Are there any stories about some of the players that were there then that you could tell about?

A: PS: Probably none that I probably should tell. One story I can tell you is, I think we were in the Superdome down in New Orleans, and we were playing the Saints. Both teams went out for pre-game, and this guy was running off the field towards the locker room because he'd forgot something right before kickoff. This guy is running across the field, and he trips right in the end zone and lands right on his face. Everybody in the Superdome just went up in this big roaring cheer.

Q: CW: What was Northwest like whenever you went there?

A: PS: It was kind of like a small high school - small high school facilities. Since then, things have changed for the better - the way it should be.

Q: CW: How did you meet your wife, Cari?

A: PS: That's a good question. It was really just from mutual friends.

Q: CW: What's your favorite memory with her?

A: PS: I'd say going to the national championship games in Alabama with her because we've always had good times, and every day just being good friends with her.

Q: CW: Is there anything else in particular you would like to accomplish?

A: PS: Not really. I guess I'd like to just keep doing what I'm doing. I enjoy what I do, so it's not really work to me.

Q: CW: And why do they call you "The Big Show?"

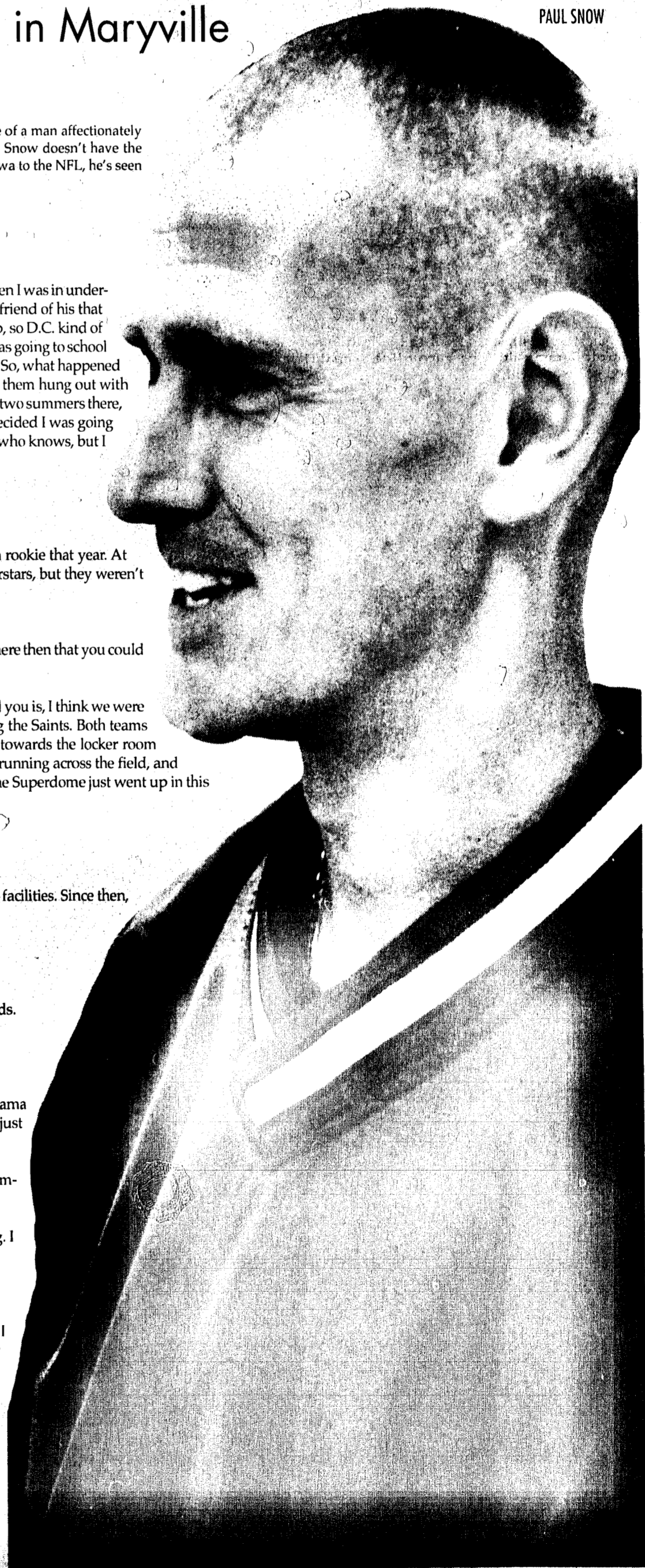
A: PS: I don't know. Some kids here made it up a few years ago. I guess there was a wrestler named "The Big Show" and he's really big and I'm small. I really couldn't tell you though.

Q: (friend, asst. principal MHS)

...families get together and do stuff together a lot?

...olutely. We vacation together over the summer and do together ... He's been great with my boys, and now ... ghter. He's got a real way with kids just in general. ... all and kids seem to like him, both my little kids ... the high school.

PAUL SNOW



NW BASKETBALL



photo by Seth Cook
chief photographer

JUNIOR GUARD EDRISS Floyd works around a Peru State defender. Floyd finished with 11 points.

Blowout gives young Bearcats game experience

By Dustin Sander
Assistant Sports Editor

The Northwest men's basketball team kicked off its season in impressive fashion against Peru State Tuesday night at Bearcat Arena.

The Bearcats beat the Bobcats 99-53 and started the game on an 8-0 run, only giving up 17 points in the first half. Coach Steve Tappmeyer was pleased with the outcome of the game but sees a lot of things the 'Cats need to work on before the competition gets tougher later in the season.

"A lot of system things we're still breaking down on that aren't obvious to an average fan," Tappmeyer said. "They're things that are really going to hurt us against our top opponent that can knock shots down. It's good for us to get on the floor and play one."

They also saw a lot of open shots against the National Association of Intercollegiate Athletics opponent and shot 61.7 percent for the entire game.

Because of the blowout win, the Northwest bench got the chance to see the court, which will help down the road and give the team something to look at on tape, Tappmeyer said. The 'Cats started three players who had never seen the court during the regular season for Northwest and eight new players saw the court throughout the game.

"Everybody got in and got a few minutes and we were unselfish for the most part the entire game," senior forward Hunter Henry said. "We made the extra pass and bailed people out on defense when we had too."

The young team was comfortable in its first regular season game and it showed in its blow out. The new 'Cats accounted for 58 of the 99 points and 18 of the 22 assists.

"I felt real good, I think we worked really well as a team tonight," junior guard Edriss Floyd said. "Come out and played hard and strapped it on. When it's game time, we all play hard."

The 'Cats defense came out strong creating 16 turnovers in the first half. Tappmeyer said Peru State got rattled early and that's what the plan is every game.

The 'Cats next chance to see the court comes at 5:30 p.m. Friday in St. Joseph against the Rockhurst Hawks.

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HALL OF FAME

Coach rewarded for dedication

By Brian Bosiljevac
University Sports Editor

Mark Rosewell has spent over half his life on the tennis courts, and yesterday he was acknowledged for it.

Rosewell, the head coach of the men and women's tennis teams at Northwest for 25 years, was inducted into the United States Tennis Association, Heart of America District Hall of Fame.

"When I first learned about it, I thought, 'well that's nice,'" Rosewell said. "As I learned more about it ... that's the USTA and that's a very fine organization. This is really a big deal and it really caught me by surprise because most of the time you go into the hall of fame after you retire, but I think they liked my credentials."

Rosewell's life on the college courts started in 1974 at the University of Central Missouri where he played until 1977. Throughout his three-year span as an athlete, he compiled the team's best winning percentage throughout the 1970s.

He then came back to Central Missouri to be head coach of the men and women's tennis teams from 1983-1984.

After the 1984 season, a fraternity brother, John Byrd, contacted Rosewell. Byrd had been head coach at Northwest from 1970-1984, and when he was looking to retire, he turned to

Rosewell, a man he knew would continue the strong tennis tradition he created.

In 1985, Rosewell took over the head coaching position at Northwest and has kept the winning tradition Byrd started alive.

Between the men and women's team, Rosewell carries a combined record of 759-344, making him the winningest coach in Northwest history in any sport.

Under his watch, the men and women's teams have won 16 MIAA championships, another Northwest record, and made 21 appearances in the NCAA regionals.

"His dedication to tennis is what makes him so successful," former player Gena Lindsay said. "He is always watching players from all different levels of the game. He is one of those people that will go out of his way to make and appearance at an event to help improve the public relations of the Northwest tennis teams."

When Lindsay was at Northwest she was chosen First Team All-MIAA in 2004, 2005 and 2006, along with being the MIAA's Most Valuable Player in 2005. Lindsay's name can be found all over the Northwest record books.

Lindsay said Rosewell is a "master at recruiting," and that is the main reason he has been successful at Northwest. His dedication to tennis



photo by Seth Cook | chief photographer

NORTHWEST TENNIS COACH Mark Rosewell is statistically the winningest coach in Northwest history. For his success, he was inducted into the United States Tennis Association, Heart of America District Hall of Fame.

keeps him watching players at all different levels, making sure he brings the people with the best personalities and abilities to join the Northwest "family," he has created, Lindsay said.

The "family" Rosewell has created is what keeps Jake Saulsbury around. Saulsbury was also acknowledged with First Team All-MIAA honors multiple times. After graduating in 2008, he returned to Northwest helping

keep him watching players at all different levels, making sure he brings the people with the best personalities and abilities to join the Northwest "family," he has created, Lindsay said.

"This isn't just a job for him," Saulsbury said. "He really, honestly has created a family. It's like all of his players are his kids, and he shows them all a special kind of love regardless if you are in a number one spot or if you are a number eight. He makes us feel like we are all a part of the team, and we all contribute something. Between the great success he has had and his

dedication, he definitely deserves to be in the Hall of Fame."

Rosewell enjoys winning conference championships and said, "it definitely never gets old," but thinks his greatest achievements as coach have been through his players.

"The players coming in, getting better, graduating, the camaraderie ... really, that's what means the most to me," Rosewell said. "The friendships that we've created, the good times. This is such a fine school. It's all a positive."

It's that type of attitude that has this fun-loving coach teaching his athletes both things on and off the court.

"The greatest thing coach (Rosewell) has ever taught me is loyalty," Saulsbury said. "I have been in this program five years now, four as a player, and now I'm a graduate assistant. I don't think you'll ever meet a more loyal person and as a player you can't help but learn from that and carry it into your own life."

When talking to Rosewell, it's easy to see his passion for the game runs deep, but he admits he has had a few challenges along the way.

The biggest challenge has confronted is making his team known on a campus, like many others, where

football and basketball are king.

He understands tennis is not exactly a spectator sport and matches do last long, but said getting fans at a match over the years has been like "pulling teeth."

Bringing the Intercollegiate Tennis Association tournament to Northwest has been a huge help with promotion for the tennis team. Rosewell's efforts have brought the ITA tournament here 17 times.

After 25 years of coaching and an open-heart surgery, 53-year-old Rosewell still hasn't had enough.

"I got into coaching when I was 23," Rosewell said. "Honestly, I was too young to be coaching. I thought I knew it all; I really didn't know anything. I feel like as long as my health stays good, I will stay coaching. If my health were to go south, I'd probably have to step away."

When looking at Rosewell's resume and talking to players whose lives he has affected it's easy to see it's the relationships Rosewell has developed over the years that he cherishes the most.

"Rosewell taught us more than tennis," Lindsay said. "He taught us life lessons. The most important thing he taught me was never to quit. Whenever I was down in a match he'd come out and say, 'come on you can do this.' That is a lesson that have taken off the courts and applied to life, never give up."

VOLEYBALL

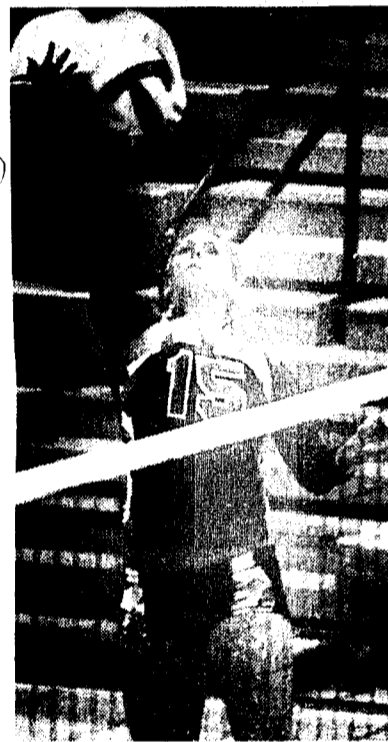


photo by Seth Cook | chief photographer

FRESHMAN HITTER ALEX Hanna was a big part of Northwest's season, and coach Anna Tool expects her to be a significant part of a winning future.

Team hopes to gain experience from up and down season

By Brian Bosiljevac
University Sports Editor

As the Northwest volleyball team wrapped up its season it left a lot of unaccomplished goals on the court.

When volleyball season started in late August, the Bearcats' main goal was to finish in the top five in the MIAA.

The MIAA is a volleyball powerhouse, with five teams ranking in the top 15 nationally. So, if the 'Cats were successful in getting in the top five of MIAA, they felt they had a legitimate shot at making the NCAA regional tournament, another goal of theirs.

"There was some drama going on inside the team throughout the season," sophomore Isha Haskins said. "That is when we realized we probably wouldn't accomplish those goals. It was a really deflating moment for our team. We had the talent and had the drive, but it became like quicksand and got real hard to stay afloat."

Head coach Anna Tool thinks they might have underestimated the team's experience level at the beginning of the season. She hopes the team will use the unaccomplished goals from this season as a driving force into next year.

The team can head into the off-season knowing it made improvements and played best down the stretch, Tool said.

Some of the positives brought away from this season were individual improvements made throughout the course of the season, Tool said.

Sophomore Sara Falcone went from not being in the starting line-up to being a constant threat on the court as a hitter and blocker.

Freshman Alex Hanna saw a new role on the court as well.

"She is a true freshman," Tool said. "She never played left side in high school and made the shift from middle to left side. As the season went on, she got better and better and better just in

being familiar with her position and confident in it."

The one constant player in the 'Cats line-up was sophomore Amber Ryan. Ryan started more matches than any other person on the Northwest roster, 31, and played in every match the team was in all year. She led the team in kills, blocks, points and service aces.

One person Tool is looking to contribute a lot is Haskins, who is fairly new to the game of volleyball. This year proved to be a good foundation for Haskins experience and the team only expects her to expand next year and play a vital role on the court, Tool said.

"My main focus is being more consistent when we are out of system," Haskins said. "When things are in system and going as planned I do just fine. When things get thrown out of order, I had trouble responding, and that is what I am focused on during the off-season. I really want to become a leader out on the court."

FOOTBALL: Pittsburg could have tough blitz

Continued from A7

the 'Cats, but the Gorillas did record two sacks on Osborn.

But ultimately, the advantage should go to Northwest since it had extra time to prepare for Pittsburg, senior offensive lineman Jeremy Davis said. The 'Cats spent two days last week preparing against Pittsburg and got a chance to heal a little with Friday and Saturday off.

"Two years in a row now we've had a bye, and we've shown these last two years we can handle it pretty well," Davis said. "I think a lot of the guys, they know what to do, just relax. I know personally I was just sitting at home watching TV. Kind of cleared my mind of Pitt State, just focused on the family — some 'me' time."

Davis and the rest of the seniors play Saturday knowing it could be their last game, an idea Davis said didn't really hit him until the Missouri Southern game. Thirteen seniors begin their fourth playoff run in a row, the first three resulting in national championship appearances.

The Northwest-Pittsburg game begins at noon Saturday at Bearcat Stadium.

SPOOFHOUNDS

PROFILE

From football to futbol and back

By Christopher Woodland
Community Sports Editor

On a team led by a high-octane offense, a stalky, shaggy-haired former soccer player solidifies the middle of the MEC's best defense.

Maryville junior linebacker Evan Johnson leads the Spoofhounds with 72.5 tackles in his first season playing football since middle school. He also has a team-leading 5.5 sacks, 18.5 tackles for losses, three pass breakups, a forced fumble and an interception.

The interception helped solidify an early season win over Benton with the score 14-0 and Benton attempting to get back in the game.

After his eighth grade season, Johnson called Maryville head soccer coach Stuart Collins and left the gridiron for the pitch.

On their first meeting, Maryville soccer coach Stuart Collins met someone he wasn't quite expecting.

"I had no idea who he was," Collins said. "When he showed up I was surprised. I wasn't looking for a freshman that looked like he could be a college

junior."

Maryville head football coach Chris Holt, who also coaches Johnson in track, tried to persuade Johnson back into a helmet and shoulder pads during his freshman and sophomore years, but was unsuccessful.

Johnson played as a defender for the 'Hound soccer team for two years, starting on the varsity team as a sophomore. When the first day of practice came around this year, Collins realized he was missing his lone returning defender.

"He just didn't show up," Collins said. "I asked some of the boys and they said he was playing football this year."

Johnson had returned to the football field where he would try to fill a hole left by departed seniors in the linebacking corps.

"(Holt) pressured me; especially when we were doing track and all the way when we were in P.E. class," Johnson said. "I guess I finally just gave in to the pressure."

Losing two starting linebackers from a year ago, the 'Hounds had a weak spot at that position, but with Johnson's emergence, the defense has become a staple

for Maryville this season.

"I think if anything he's solidified us in the middle," Holt said. "We weren't sure going into the season who was going to be on the inside. We put him in there in camp and never looked back."

Johnson is now a vital role on a defense that has held opponents to an MEC low 11.5 points per game, and not given up a single point in the third quarter through 13 games.

Johnson has also earned the respect of his teammates.

"He's really done a great job," senior quarterback and fellow linebacker Joe Jasinski said. "He just does everything that we ask of him. He's improving every game and really becoming a great player."

Now with the 'Hounds preparing to travel to Fair Grove for a semi-final match-up and a legitimate shot at a state championship, Johnson is glad he returned to football.

"It's definitely fun, going out there on game nights and being together with the team," Johnson said. "I'm really glad I came back. It was a really good decision."



photo by Seth Cook | chief photographer

JUNIOR LINEBACKER EVAN Johnson prepares to chase down a Plattsburg ballcarrier. Johnson leads the team in tackles with 72.5 and sacks with 5.5. He's had this success despite playing his first year of football in three years.

FOOTBALL

SENIOR RUNNING BACK Adam Mattson hurdles a Carrollton defender on his way to a first down. The Spoofhounds advanced to the semi-finals with their 28-21 win over the Lions.



photo by Seth Cook | chief photographer

Fair Grove stands in way of championship berth

By Christopher Woodland
Community Sports Editor

Just one team stands in the way of Maryville's first appearance in the state championship game since 1996.

After the Spoofhounds disposed of Carrollton 28-20 last Saturday, the 'Hounds travel to Fair Grove this Saturday for their first game away from Maryville since defeating South Harrison 36-7 on Oct. 24.

With the offense fumbling four times, the defense shut down its opponent just as it has all year long. Carrollton burned the Maryville secondary on a couple long passes, but other than that, the 'Hounds defense dominated.

The defense forced six three-and-outs in the game. Carrollton's most

time-consuming drive lasted just more than three minutes, but only gained 12 yards.

Maryville trailed at halftime for the first time since Oct. 3 against Chillicothe. Continuing a year-long trend, the 'Hounds shut out Carrollton in the third quarter and for the duration of the second half until the Trojans scored on a late pass play.

"I think our coaches just get a really good gameplan together again at halftime and get us in the right spots," senior quarterback Joe Jasinski said. "Then, we just come out real fired up and get the job done."

Senior fullback Wyatt Maudlin scored two rushing touchdowns of one and 13 yards to give the Maryville seniors a victory in the final game they

will ever play at the Hound Pound.

Maryville stretched its lead to 28-14 before Carrollton attempted to rally late in the fourth quarter.

After playing three games in 11 days, the 'Hounds, 12-1, now get a full week to prepare for Fair Grove.

They may need it as Fair Grove, 13-0, presents the biggest challenge the 'Hounds have seen for a while. The Eagles have allowed just 8.9 points-per-game as they rolled through the Mid-Lakes Conference.

They are coming off a hard-contested battle with Warsaw where they slipped away with a 26-25 victory to advance to the semi-finals.

With more than a five hour road trip south, the 'Hounds won't be able to utilize the full week of practice because

they are making their trip Friday to stay in a hotel the night before the game, Holt said.

With four fumbles last weekend, the coaching staff plans to bring a back-to-basics emphasis into practice this week.

"We're going to do a lot of fundamental work this week," Holt said.

One of the 'Hounds' preseason goals is finally within reach, and Holt sees no reason for any letdowns from his team.

"They're really focused," Holt said. "Their goal was to go to the dome this year and win a championship. We've put ourselves in that situation right now."

Maryville plays at 1:30 p.m., Saturday in Fair Grove.

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Hunter Henry



Henry led all scorers in the Bearcats' 99-53 shellacking of Peru State. He not only put up the points, he did it efficiently going 10-12 from the field. Henry also picked up eight rebounds and four blocks in only 26 minutes of work.

Elijah Allen



Allen was a perfect four 4-4 from the field and 6-7 from the free-throw line making him the Bearcats second-leading scorer with 14 points Tuesday. His effort offensively and defensively, allowed the Northwest to easily defeat Peru State 99-53.

Sara Falcone



Falcone became the latest volleyball record breaker when she hit a Bearcat Arena record with a hitting percentage of .652 against Missouri Western. She helped the Northwest sweep the Griffons during their last home match of the season.

Shelly Martin



Martin helped the Bearcat women's basketball team defeat last year's Division II runner-up South Dakota 69-60 Saturday. Martin led the team in scoring with 17 points despite coming off the bench. She did most of her scoring in the second half with 12 points coming after the break.

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Huskers have a bright future; here's why

Bo Pelini
Look at what Pelini has already done. He has taken a 5-7 team and turned them into a team sitting on the verge of an 8-4 regular season. We went from tied for last in the North to second place finish.

Plus, Pelini and Bob Stoops' careers are eerily similar and look at the power-house Oklahoma has turned into. Stoops and Pelini came from Cardinal Mooney High School out of Youngstown, Ohio. They both played in the defensive backfield at a Big 10 school, Pelini at Ohio State and Stoops at Iowa.

After playing they both went to the Iowa as graduate assistants. Stoops and Pelini became two of the

best defensive coordinators at very successful programs before becoming head coaches. Stoops was spotlighted when he was a defensive coordinator for SEC powerhouse Florida. Pelini became well known after his defensive coordinator stint with another SEC powerhouse LSU.

Stoops was trying to help Oklahoma replace a legend in Barry Switzer. After Switzer left, the Sooners went downhill, until Stoops showed up, winning a national championship in his second year as a head coach. Oklahoma has been continually dominant ever since.

Pelini faces the same problem trying to replace legend Tom Osborne after Bill Callahan put

Nebraska through some of the worst years in its history.

I'm not saying Pelini will win the national championship next year, but I am saying it's not too far off.

Kevin Cosgrove
Nebraska's defense isn't the greatest, but it's better, and it's going to continue to get better without Cosgrove at the reins of the defense.

In Cosgrove's four years as Nebraska's defensive coordinator, Nebraska's overall defense was never ranked higher than 26th in the country, and in his fourth and final year, Nebraska's defense was ranked a God-awful 112th in the country.

Pelini's defensive-minded way of thinking and his staff's ability to recruit is going to bring enough top-notch athletes into Lincoln to

keep our defense afloat.

Cody Green
The senior high school quarterback out of Dayton, Texas is going to be the best quarterback Nebraska has had since Eric Crouch (Although I am not a big Crouch fan, he still was a good college quarterback). Green stands 6-foot 4-inches tall, weighs 220 pounds and runs a 4.6-second, 40-yard dash. He is a dual-threat quarterback that turned down offers from LSU, Boston College, Miami and Texas Tech to come to Nebraska.

I don't know if Green will be a starter as a freshman, but he should be. Nebraska doesn't have much depth at the quarterback position, and even if Nebraska struggles some with a freshman quarterback, it will only make him that much better during his junior and senior years.

SPORTS STAFF GAME PICKS

Marc's picks

Prediction record (25-23)

NCAA Lock

W. Virginia at Louisville — W, VA.

Pat White and the Mountaineers should cut through the Louisville non-defense and into the end zone about 50 times. If the Cardinals ever play defense, I'll crown Bulldog King of the World.

NCAA Upset

Miami at Georgia Tech — Miami
The 'Canes haven't been ultra-impressive this season, but I have a feeling their athleticism will be able to stop the option attack of Georgia Tech. I'm a little uneasy about picking Miami because they're a group of athletes, not football players.

NFL Lock

NV Giants at Arizona — NY
The Giants are just a good team. They play as a team. They talk as a team. They show as a team. That last one's probably irrelevant. Arizona can really move the football, but it's proven Kurt Warner can't play with pressure in his face. The Giants can get pressure because they feature a Northwest graduate, Dave Tollefson.

NFL Upset

Green Bay at New Orleans — GB
The Packers are solid, not great. They unlike the Saints, play solid offense and solid defense. The Saints haven't played defense since Sam Mills left. I almost always take the team that plays better defense. With Deuce McAllister hobbled by injuries and Reggie Bush a glorified scat back, the Packers should be able to get off the field on third down and torch that terrible defense.

NFL Upset

N. Y. at Arizona — Cards
Kurt Warner is old and good.

Brian "The Bulldog's" picks

Prediction record (25-24)

NCAA Lock

Tennessee at Vanderbilt — Vandy
I'm sorry Tennessee; your days of winning have come to an end. Try what we Nebraska fans have been doing the last four years, hold dear to your past. Remember the days when Peyton Manning graced your field. Hopefully, you can get a coach like we got in Pelini who in the very least, will get you to a bowl game. Vanderbilt is a good team and unless the Vols have been pretending to suck horribly all year I'd say this is a safe bet.

NCAA Upset

Texas Tech at Oklahoma — Tech

OK, now this is ridiculous. Oklahoma is a 6.5 point favorite in this game. I understand Oklahoma is a great team and they are at home but 6.5 points, we are talking about the No. 2 team in the country. I mean the toughest decision in college football is who will win the Heisman? Graham Harrel or Michael Crabtree. I thought beating Texas would be enough proof the Red Raiders are for real but it looks like they have one more final exam. This is going to be a fun one to watch.

NFL Lock

Philadelphia at Baltimore — Phils
I know they haven't played great lately, but I'm sticking with my boys from Philly. Plus McNabb has to make up for admitting he doesn't know the rules of football on TV.

NFL Upset

N. Y. at Arizona — Cards
Kurt Warner is old and good.

Woody's picks

Prediction record (23-26)

NCAA Lock

Texas Tech at Oklahoma — Sooners
Michael Crabtree is the best player in the country, but Sam Bradford and Oklahoma's offense have been lighting up the scoreboard this season. They have put 60 points on countless teams this year. The Red Raider defense played much better than expected against Texas, but expect another unbeaten to fall this week, and there to be mass confusion in the Big 12 South.

NCAA Upset

Iowa at Minnesota — Minn
Iowa may have knocked off Penn State, but they still aren't good. Minnesota's star receiver Decker is back this weekend and after blowing it last week against Wisconsin, I expect the Gophers to come out fired up and actually finish the game.

NFL Lock

Washington at Seattle — Redskins
The Redskins will win this game.

NFL Upset

San Francisco vs. Dallas — 9ers
I'm not really sure why. Maybe I'm clinging to what little hope there is that Mike Singletary is a true hard-nosed coach who will breathe life, energy and passion into my beloved 49ers, and he's not just a psychopath who drops his pants at halftime to illustrate a point. Maybe I have hope that Shaun Hill will come into his own and revitalize the offense, and Patrick Willis will have to stop winning games by himself.

Dustin's picks

Prediction record (24-25)

NCAA Lock

Mississippi at LSU — LSU
The Rebels are going to Baton Rouge to take on the Tigers. LSU has only lost three games this season and all of the games were to top ten teams. No way the Tigers lose this week and they are looking forward to avenging their loss to 'Bama last week.

NCAA Upset

Clemson at Va. — Va
I am now a Cavalier fan by default because of Brandon Albert being their best alum. I really have no other reasoning for picking this game and there weren't a whole lot of spreads for me to pick from.

NFL Lock

Jets at Tenn. — Tenn
The Titans are undefeated and the Jets have lost three games although they are on top of the AFC East and I guess that Brett Favre guy makes a difference too. But here is my shot at math again this week, Titans are undefeated and the Jets are not, so that = Titans win.

NFL Upset

Indy at S.D. — Indy
San Diego has been horrible this season, and they have no excuse to lose this many games. The Chargers have so much talent with L.T., Phillip Rivers and Antonio Cromartie. The Chargers have all the talent in the world and are below .500 and losing every chance to win the AFC West. Indy is good, they are always pretty good anyone with the last name Manning will do that to a team. Colts win this game.

WHAT TO WATCH

Marc's TV picks

Friday

• "Trading Places," HBO Comedy, 10 a.m. — I have Dish Network, so I'm tuning into this classic before class, Eddie Murphy and Dan Akroyd at their best.

Days rating (3 of 5)

Saturday

• Pittsburgh State at Northwest, LIVE, noon — This is the game of the week, hands down. It gets no better than rivalry playoff football.

Days rating (5 of 5)

Sunday

• Buffalo at Kansas City, CBS, noon — The futility continues.

Days rating (4 of 5)

Brian's TV picks

Friday

• "The Skulls," AMC, 12:30 p.m. — This movie came out a while ago but it was pretty good.

Days rating (3 of 5)

Saturday

• Texas Tech at Oklahoma, ABC, 7 p.m. — Will there be a three way tie on top of the Big 12 south? I don't think so, but hey, anything is possible in college football.

Days rating (5 of 5)

Sunday

• "The Guardian," TNT, 7 p.m. — Kevin Costner + Ashton Kutcher = good movie.

Days rating (4 of 5)

Woody's TV picks

Friday

• "Coming to America," Cinemax, 7 p.m. — This is Eddie Murphy at his finest. A future prince moves too America to hide his identity.

Days rating (5 of 5)

Saturday

• Syracuse at Notre Dame, NBC, 2 p.m. — Can my Irish get to seven wins this season? I sure hope so with competition like Syracuse.

Days rating (3 of 5)

Sunday

• "Pirates of the Caribbean: Dead Man's Chest," USA, 3 p.m. — Captain Jack Sparrow, roams the Caribbean with rum and Kiera Knightly.

Days rating (4 of 5)

Dustin's TV picks

Friday

• 1982 Stanford at Cal, ESPN Classic, 4:00 p.m. — Honestly, I'm just tuning in for the last five minutes, and I'm sure everyone knows why.

Days ratings (3 of 5)

Saturday

• Michigan at Ohio State, ABC, 11:30 a.m. — This is a huge game every year and I just want to see how horrible it gets this time.

Days rating (4 of 5)

Sunday

• Indy at San Diego, NBC, 7:15 p.m. — Football's football and it's Sunday (football day) I'll never watch The Notebook because I'm a man, unlike the whipped Bulldog.

Days rating (4 of 5)

AT YOUR LEISURE

Top 3 picks

By Jesse Murphy
Missourian Reporter

New to DVD

"Tropic Thunder" made it on the shelves this week. Though Ben Stiller ("Zoolander") is the star and director, Jack Black is tenaciously awesome, as always. The film is about a group of actors who while filming a war movie, get caught in a real battle situation. Using their skills as actors, they fight their way through the jungle. Robert Downey Jr. ("Iron Man"), one of my personal favorites, co-stars. You have to love his craziness. Brandon T. Jackson ("8 Mile") is another member of the team and delivers some great lines. Beware, if you don't enjoy Stiller's sense of humor, you probably won't enjoy this movie.

Coming soon to theaters

An interesting twist on holiday comedy, "Four Christmases" is the story of a young couple whose usual Christmas vacation out of the country is cancelled. With nothing else to do, they attempt to visit their parents, who have both divorced. That leaves four separate visits to make. Vince Vaughn ("Wedding Crashers") and Reese Witherspoon ("Legally Blonde") star and story shows when Vaughn gets into family situations, it is bound to be funny. "Four Christmases" hits the box office next Wednesday.

New Video Game

"Sonic Unleashed" was released to the public Tuesday for many different gaming systems, including the Nintendo Wii, Sony Playstation 3 and Microsoft's Xbox 360. I loved the Sonic games on the original Sega, and have been a fan ever since. The usual characters are back as Sonic tries to save the world from destruction. Some interesting new aspects to this game are the differences between the systems. For instance, on the Wii, you can use the nunchuck attachment to fight bad guys and for other game functions. Not all levels are the same either because of the differences in system play. This game is classic Sonic with a modern twist.

STROLLER

Your Man wants you to relax

As the end of the trimester approaches, stress has started to take over our lives, studying hours outnumber sleep and a good meal consists of coffee and ice cream.

To deal with the coming weeks, Your Man has compiled a list of stress relieving aides to help you get through the long stretch.

Take a study break

Take some time out for yourself. Whether it be watching TV, taking a nap or getting totally hammered, a break away from the books is a definite must. Sure, studying is important, but getting all boozed up on a Tuesday or Wednesday night couldn't hurt either. It'll take your mind away from memorizing definitions and dreaming of scenarios for a few hours, and you'll focus more on the challenging things in life — like what drink to order next.

Get enough rest

Everyone claims they don't sleep at all during the last few weeks of school, so why not take a nap or two when you can? The library has wonderful couches that probably double as great beds, so why not take full advantage of the facilities if you're stuck there studying anyway? The library aids will probably wake you up before they close, so no worries.

Take a shower

Everyone feels better after a nice, hot shower, right? Take some time out of your hectic day to bathe — not only for your personal health, but for everyone around you who has to deal with your nasty stench.

Verbally assault someone
Nothing feels better than yelling. It's pointless to yell at the work



The Stroller

To save time and help the environment, you might as well hit two birds with one stone and see if you can round up a friend to shower with. All for the sake of the environment, of course.

Get some lovin'

I won't clarify whether it's self-lovin' or a team effort, but some action will hopefully get your mind off the crazy schedule of classes and homework. It's convenient that the first three tips come in to play with this in some way. As fun as the lovin' could be, make sure you find someone on your study break who has taken a shower in the past week and who respects nap time.

Verbally assault someone
Nothing feels better than yelling. It's pointless to yell at the work

that is pissing you off, so why not yell at something effective, like a teacher, or roommate? Bringing someone else to tears will make your tears seem petty, and will give you a ego boost.

Watch a movie

Movie nights can create a nice, relaxing environment with friends to help you get your mind off homework. Sure, there are plenty of great movies on cable from time to time, but to live things up, check out 'Harry Potter and the Sorcerer's Stone' or 'A League of Their Moan' to keep your guests entertained and relaxed.

The Stroller has been a tradition since 1918 and does not reflect the views of *The Northwest Missourian*.

Crossword

ACROSS

1 Keyboard spacer
4 Louvers
9 Sufficient
14 Greek letter
15 Dutch flower
17 Prairie schooner
17 Serling of "The Twilight Zone"
18 Discomfit
19 U.A.E. populace
20 Play of light
22 Long, heroic poem
24 Gun flavor
25 Long runs
30 Defined by borders
33 Hebrew month
34 Superlatively well
37 Stage whisper
38 Sushi bar order
39 Went in
42 Victory sign
43 Judges' orders
45 Superlatively scolded
47 Italian isle
48 Frontier settlement
50 Pay back
52 Alleviate
53 Owl's delivery
57 USA part
60 Red pepper pod
62 Meme's bookends?
65 Goose the gas
66 Voiced disapproval
67 Manipulators
68 Compass pt.
69 Percave
70 Do duty
71 Moines of Iowa

DOWN

1 Frozen masses
2 Bklni, e.g.
3 B's wireless
4 ERA or RFI, e.g.
5 Grease job
6 Panic spreader
7 "the wind and nothing more"
8 Orb
9 Anticipate
10 Parades
11 Org of Couples and Love
12 Throw easily
13 Nixon's bookends?
21 Archer William
23 Steno book
26 Capitales
27 Martin's garnish
28 Some works of art
29 Fall as ice
31 Seine sights
32 Troops
34 Waste conduit
35 Haggard or Oberon
36 Acceptable excuse
37 Clamps on
40 Habitual criminal
41 Want ad letters
44 Fast food choice
46 Cato's way
48 Assent in Aix
49 Seventh planet
51 Honeymoon word
53 Exposed to the public
54 Act part
55 Root overhang
58 Host Griffin
59 Latin lesson
60 TV network
61 Tiller's tool
62 Charged particle
64 Sugary ending

Solutions

9 ACROSS
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Staffer thinks 'Twilight' soundtrack is to die for

By Rachel Fair
Missourian Reporter

It's finally here; not only the movie "Twilight" (based on the popular book series by Stephanie Meyer), but its long-awaited soundtrack.

Not that the movie hasn't been overly-awaited, as well, it's just that most fans have been wondering about its music for quite some time now. It seems as if Meyer herself is an avid music-freak, seeing as how she creates playlists on her Web site

for each of the books, and always thanks bands, such as Muse, in her acknowledgements.

"Twilight" is a love story between Bella Swan, a clumsy, human girl who moves to Forks, Wash. to live with her father, and Edward Cullen, the perfect guy in every aspect, except for, oh yeah, he's a vampire. The two have to work through many obstacles, the biggest being Bella's scent is the sweetest Edward has ever encountered. When enemy vampires come onto Edward's family's territory,

Bella's life becomes more in danger than before; her scent has been struck by James, a searcher who will not stop his chase until she is his.

Of course, fans will not be disappointed with this soundtrack. Rob Pattinson, who plays Edward, performs "Never Think," a soft, almost indie-like melody that would remind most of Jack Johnson. Also, with popular bands such as Paramore, whose lead singer Hayley Williams calls herself a Twilighter, and Muse, one of Meyer's musical inspirations, fans

of these bands will not be ashamed. "Decode," the single Paramore wrote for the movie, is a declaration, it seems, from Bella's behalf. This album includes sweeping love songs, while throwing in the fist-pumping jams that must coincide with the vampire-on-vampire scenes. Don't forget the long-awaited "Bella's Lullaby," which was rumored to be written by Pattinson. Carter Burwell actually composes the sweet piece, leaving the listener breathless in its wake.

Many of the lyrics seem to have been co-written by Meyer herself, since they so desperately match the story line. Although they weren't, you can still sense the world of "Twilight" in every song. Every note is faced with the love, and yet, the hate the book refers to so often.

Any Twilighter would find this soundtrack the perfect mate for the oh-so-loved novel — now the only thing left on everyone's mind is if the movie going to do it justice, as well. There's only one day left to find out. "Twilight" hits theaters tomorrow.



(left) SENIOR FULLBACK WYATT Moudlin gets dragged down against Carrollton Saturday. Moudlin rushed for more than 100 yards and three touchdowns. (right) SENIOR LINEBACKER ADAM Mattson takes down a Plattburg runner during Maryville's 42-14 victory in the first round of the state playoffs. Mattson and the Spoofhounds will play Fair Grove in the semi-final round, a victory will secure their place in the state championship game.

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GREEN IS THE NEW BLACK

By Sydney Moore
Features Editor

The term "little black dress" is now a thing of the past.

Trends have moved on to more unique, creative outfits made of materials no one has thought about using before, like plastic bottles and cat food bags. Ensembles such as these are examples of what was on display Tuesday

night in the first annual Trashion Fashion Show, an event put on by the Northwest Environmental Organization.

The models, each from a different student organization or group, were judged on five categories, with zero to 10 points possible in each. Each contestant was judged on their outfits' environmental awareness, creativity, quality, model's presence and overall appearance.

Shay Flanagan, president and co-founder of NEO heard about a similar event and thought it would be a great

event to start at Northwest.

"Ivan Bass saw a similar event in Texas and threw the idea out to me," Flanagan said. "The idea sounded like a different and fun thing to do, so we decided to take it on."

Although Flanagan will be graduating in December, he hopes organization members keep the event alive in future years.

"It took a lot of preparation," he said. "But I'm hoping to carry it on next year."



Organization: Northwest Advocates for Animal Awareness

Model: Michelle Castillo

Designer: Stephanie Eiken

Materials: "We used seven to 10 cat food bags and took the backs off," Eiken said. "Then we found fishing line at the lake to sew it together because of course, we couldn't use adhesives."

Time spent on design: 6 hours

Finishing place in show: Second

Organization: Individual entry

Model: Frankie Petty

Designer: Ronald Voss

Materials: "I used 82 plastic bottles and two issues of Vogue magazine," Voss said.

How he did it: Voss constructed the dress by weaving strips of magazine pages with pieces of the plastic bottles. After the weave for the corset was complete, Voss ironed it all together to secure them in place. For the skirt, he hot-glued the rounded part of the plastic bottles, covered in magazine pages, to get the upward fly effect. The bottom of the cardboard was then covered with black trash bags for a ruffled look.

Time spent on design: 36 hours

Finishing place in show: First

Organization: Amnesty International

Model: Mike Neal

Designer: Mike Neal

Materials: "I gathered chicken wire, feathers from crafts we found, plastic Hy-Vee and Wal-Mart bags, a bike brake line, a cardboard box and gas lines that we found laying around," Neal said. "I'm the only one that accessorized. Now I just need a small dog and name it Finkerbell."

Time spent on design: Two hours to find materials and make the skirt, 30 minutes for the vest

Finishing place in show: Third

Go Green

There are many ways to make your life more eco-friendly. Here are a few tips from Planetgreen.com to help you get on your way to a greener lifestyle, from your dorm room to electricity and everything in between.

Use the used

Sure, this may be your first home away from home, and we understand the urge to decorate with all the coolest new stuff from Target or Wal-Mart. Just consider, for a second, how much waste that would mean, assuming most freshmen get relatively new stuff every year of school. See what we mean? Instead, why not check out great used sources of stuff, like local resale shops, eBay Local, and Craigslist. You'll be guaranteed to have a really unique room décor, and you'll have money left over to throw wild parties. (Um, we mean library study snacks).

Paper please

Sure, it's not the sexiest of materials, but there are plenty of paper options

for dorm decor that can be recycled when you out-grow them in a few years. Check out paper wall tiles from MioCulture, paper window treatments from Redi Shade, or make your own paper lamp shades.

Re-used doesn't have to mean repulsive.

Just because you got used stuff, doesn't mean it has to be old and moldy. This is college. You're supposed to be wild and experimental. So go crazy. Why not try sewing some cushion covers, or pillows for that old couch. Or invite some of your new friends over for a painting party on that old dresser and table. Unleash your inner crafter with great magazines like Make, Craft, or Readymade.

Charge up your toys

For all the portable electronic gizmos in your life, consider feeding them green power with a solar charger. Some cool, like notebooks, cell phones, flower, or are built into backpacks. Your MP3 player, laptop, PDA, cell phone, and camera can all be charged with portable solar, and you'll never find your self scolding for a plug.

Wear it more than once

It doesn't grow everything (unmentionables and socks come to mind), but the simplest way to cut back on your laundry's impact is to dub it just do less of it. Wearing your clothes more than once is one less item in the dirty pile is the first step in greening your laundry habits. The United Nations Environment Programme crunched the numbers and discovered

that you can consume up to five times less energy by wearing your jeans at least three times, washing them in cold water, and skipping the dryer or the iron.

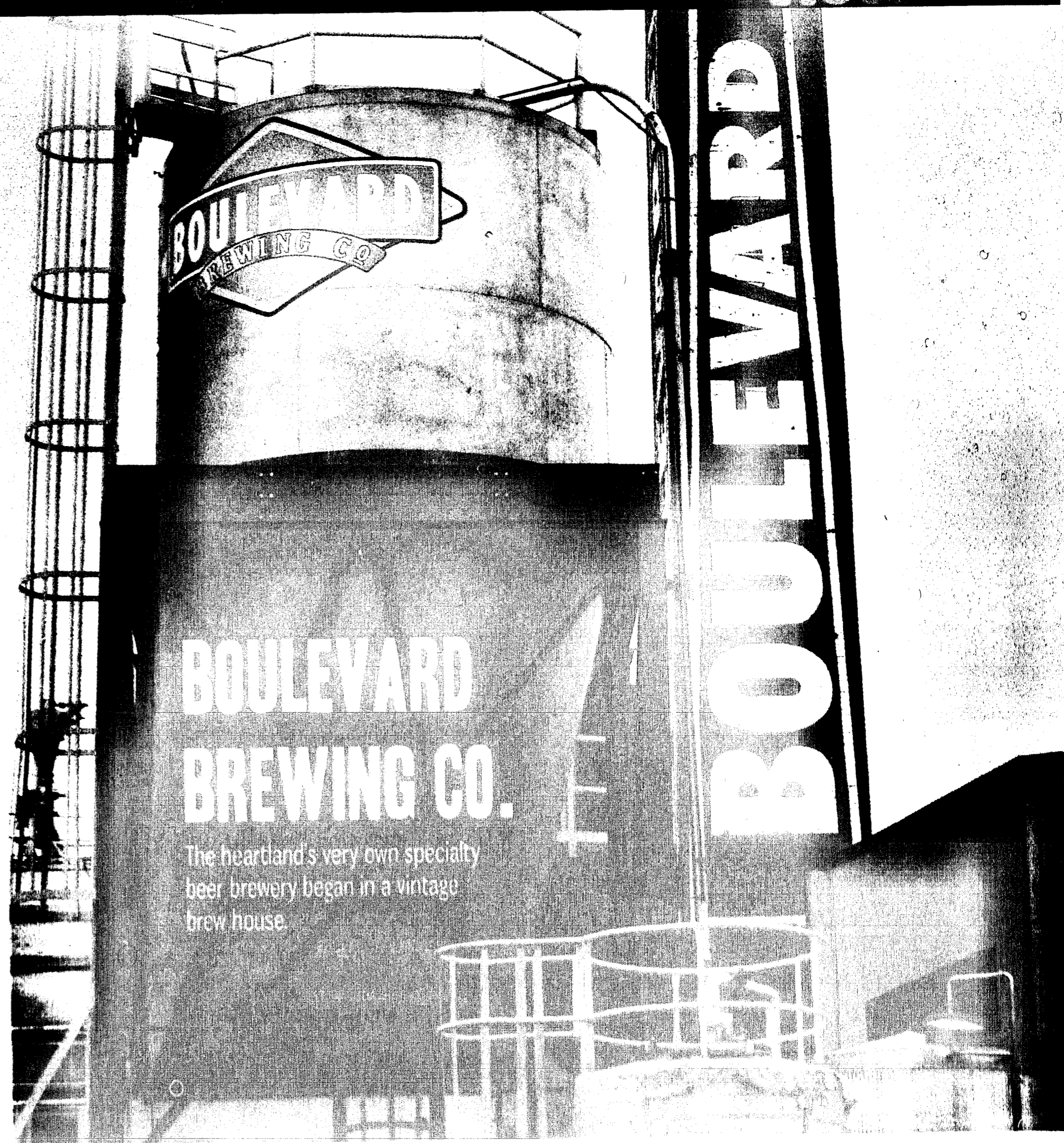
Choose concentrated detergent

Concentrated laundry detergents have reduced packaging and a smaller carbon footprint (because more useful product can be shipped using less space and fuel). Plus, they deliver more bang for the buck. One brand, called Cot'n Wash, has received high marks from first-timer readers. Some big-time retailers such as Wal-Mart now sell only concentrated laundry detergents; soon it may be the only kind you can get.

Cultivate good water habits

All the water that goes down the drain, clean or dirty, ends up mixing with raw sewage, getting contaminated, and meeting the same fate. Try to stay aware of this precious resource disappearing and turn off the water while brushing your teeth or shaving and always wear a laundry and dishes with full loads. When washing dishes by hand, fill up the sink, and turn off the water. Take shorter showers or, as the old joke goes, shower with a friend. Eco-friendly TV shows you how to put things in perspective, take a quick look at your next water bill when it arrives. It probably won't be costing you too much, but the average household consumes multiple thousands of gallons each month. So if you can make this number go down, if you're the graphing type, go nuts.

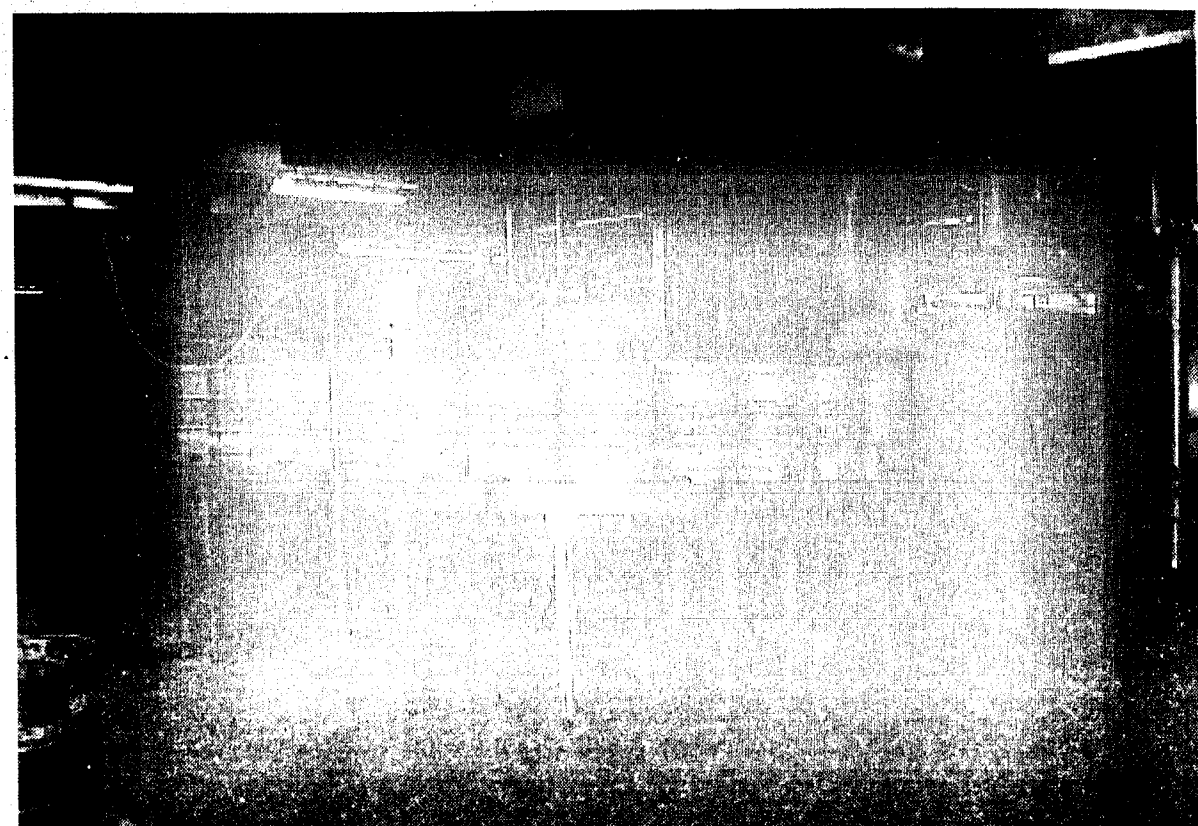
Heartland



BOULEVARD OF DREAMS

Free brewery tours and beer samples offered in the Midwest

Boulevard Brewing Co. free tour dates and times:
Wednesday and Thursday—3 p.m.
Friday—1 p.m., 3 p.m.
Saturday—10 a.m., 12 a.m., 2 p.m., 4 p.m.
Reservations required. Call 816-474-7095.



Boulevard Brewing Co. produces roughly 4,000 cases of beer day to day. Kegs pass by tourists on conveyor belts during the production process. Photo by April Zach

Think of steel pipes, pumps and booze—the assumed brewery. Boulevard Brewing Company portrays a different idea. A better one.

Glistening hardwood floors shine guest's reflections and stand strong beneath the immaculate viewing windows. Vines entangle bricks outside the building and the smell of fresh barley consumes the nostrils. The employee bar taps are free flowing and a friendly smile greets visitors at the door.

"Welcome to Boulevard, what is the name on the reservation?" Tours and Community Relations Coordinator Neile Hite asked.

Founded in 1989 by John McDonald, Boulevard Brewing Co. has kept its doors open to the public for free tours from the start. They have grown to become the largest specialty brewery in the Midwest, pumping out 4,000 cases of beer day to day. This enormous feat, which so many

are thankful for, is accomplished by only 87 employees.

One of the largest specialty breweries in the Midwest, the brewery stands strong on Kansas City's historic Southwest Boulevard and boldly fills three brew houses.

In the fall of 2006, Boulevard opened its new three-story, 70,000 square foot brew house. Take advantage of the new booming facilities and pass through the free tour of two houses.

About one hour long, it starts from the beginning of the building success in 1988. After the history lesson, guests learn a little more from a short video. Never hesitant to experiment or greet an old friend, tourists are invited to taste test five beers the Boulevard Brewing Co. offers year-round: Pale Ale, Unfiltered Wheat Beer, Lunar Ale, Bully! Porter and Dry Stout.

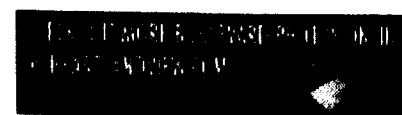
"I love the free samples," Chris Crounse of Seattle, Wash. said. "This is my second

time coming and I liked how it was more open than the last time I was here. I came back because the architectural design of the building is very intriguing."

Boulevard Brewing Co. employees pride themselves on being locally owned and involved with the community. It operates in 11 midwestern states: North Dakota, South Dakota, Minnesota, Wyoming, Nebraska, Iowa, Illinois, Missouri, Kansas, Oklahoma and Arkansas.

As feet sink into the plush lobby carpet, guests prepare to learn. Tour guides begin to teach their inside knowledge of the crisp, cool drink and the place it's brewed and was born.

WRITTEN BY: SAUPHIA VORINGSAM & APRIL ZACH
DESIGNED BY: STACY WOODWARD



Boulevard staff enjoy their daily work atmosphere while tourists taste test beer samples. Photo by Sauphia Voringsam



The Louisburg Cider Mill business continues to thrive off of family recipes and friendly faces after decades of success.
Photo by Misty Kucinski



FAMILY SECRETS MAKE FRIENDS

Renowned cider and root beer keep people coming back for more

Nothing out of the ordinary, Tom and Shelly Schierman desired only a weekend hobby in the fall of 1977. To their surprise, a broken down cider press and a few bushels of apples became so much more.

"We were just hoping to stop a little traffic and sell some cider on the weekends," Mrs. Schierman said. "That's all. We never thought it would go this far."

Soon after, The Kansas City Star served opportunity to the Louisburg Cider Mill featuring an article in its Living Section. "Louisburg is for Lovers" informed readers that the cider mill was something to see. Seemingly over night, their roadside business changed from a steady flow to a booming success the following Sunday.

Louisburg Cider Mill may be well known for their cider, a process you can watch from start to finish, but they also sell Lost Trails Root Beer and a variety of cream sodas.

The Schierman's began bottling the family root beer recipe in the 1980's as a way to avoid laying off employees during the off-season.

Another Louisburg product that's stuck around since the roadside days are the Apple Cider Donuts, delicious apple cider and cinnamon cake donuts made fresh every day. Mrs. Schierman remembers the early days of the cider donuts.

"I only had a little machine that made five dozen at time," Mrs. Schierman said.

"It was frugality that prompted me to use the leftover fermented cider. We would make 100 gallons of cider and have 10 gallons left over. I just couldn't let it go to waste."

Today donut production is well over five dozen and the dry donut mix is available for everyone in the gift shop.

The Country Store gift shop is filled with gourmet food products and gifts, from butters to soup mixes to popcorn.

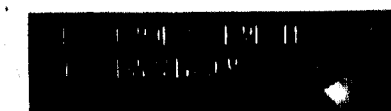
"I've only been living here for three months and just discovered Louisburg Cider Mill," Jodi Hedges of Colorado said. "I love the old fashioned feel of the store and my daughter loves the Poppin' Joe's Kettle Corn and cider."

"I've been coming here every fall for the last six years since I read about in The Kansas City Star," Sarah Lundy of Kansas City, Mo. said. "My kids love the corn maze and cider. I love the shopping."

More than 30 years later, Louisburg Cider Mill is still going strong, transforming from that weekend hobby to a Forbes Best Cider Mill candidate and Food Network appearances.

Join the Schierman's for the Louisburg Cider Mill Open House on Nov. 22-23 and Dec. 6-7 from 8 a.m. to 6 p.m.

WRITTEN BY: MISTY KUCINSKI
DESIGNED BY: STACY WOODWARD



CHEW ON THIS

Grab a bite to eat with dinosaurs and sea creatures

Its exterior walls alone will send jitters through the bones. Cave-like walls and an extravagant waterfall greet hungry guests at the entrance of the restaurant.

Dream of dining with dinosaurs? Fill the desire and empty stomach at T-REX Restaurant at the Legends Mall at Village West in Kansas City, Kan.

"The prehistoric family adventure is a place to shop, eat, explore and discover—where whimsicality and reality meet to entertain and educate all ages," founder and creator Steven Schussler said.

Once inside, an aquarium of tropical fish draws attention to the bar and dining area. To the left of the bar, busy shoppers hustle and bustle at the gift shop decorated as a rainforest. Further inside the shop rests the roaring opportunity to build the ultimate dinosaur. Build-A-Dino center allows guests to make custom stuffed dinosaurs, prices ranging from \$15 to \$22.

"A lot of people come to look around," shop worker Kaci Lauritzen said. "It's not just the food that draws people in, but the atmosphere more than anything."

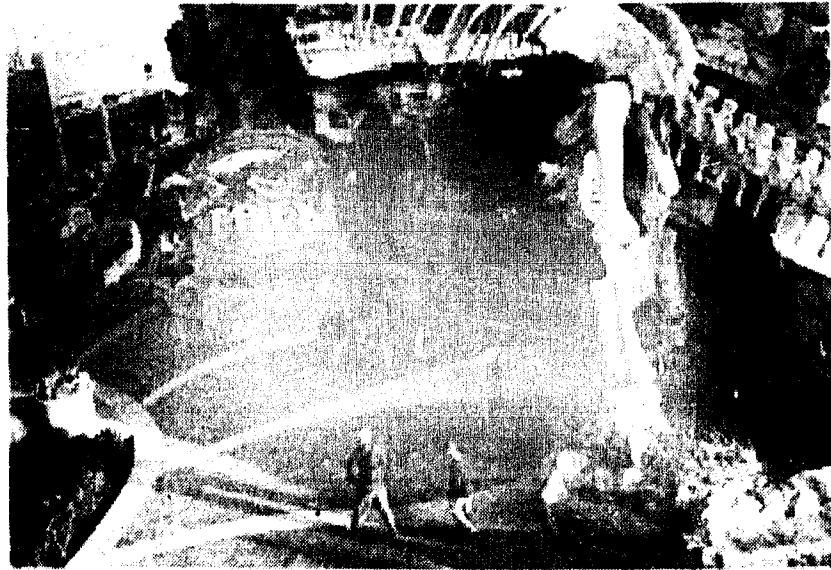
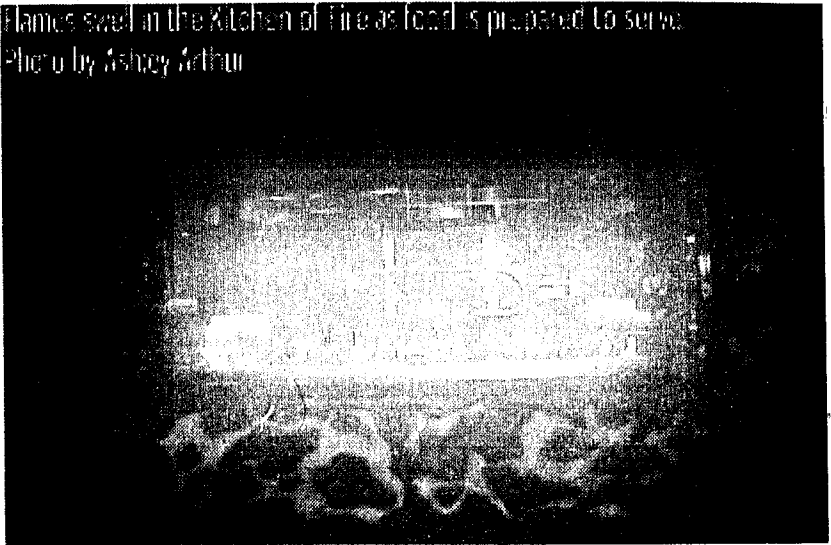
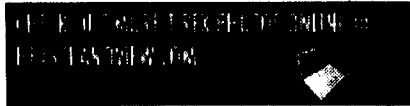
Enriched with educational learning centers for kids and an illuminated octopus

bar for adults, all ages can find entertainment at T-REX Restaurant. Giant bugs hang from life-like trees creating a rugged outdoors interior and an ice age-themed lounge that will make the imagination run wild.

The broad menu is great for picky eaters, offering customer favorites such as the Bronto Burger, Triassic Tortellini and T-Rex Rib Eye. Figure-friendly entrées of salads, soups and sandwiches are also available, prices ranging from \$8 to \$12. The wood burning stove engulfed in flames, referred to as the "Kitchen of Fire", will whip up a tasty pizza if Italian cuisine sounds like it will hit the spot.

Shop, eat, explore and travel back to an era of wildlife and mystery. The T-REX Restaurant is great for the entire family. Words alone can't justify the "dino-mite" atmosphere. So take a walk on the wild side with these extinct creatures that once wandered the world.

WRITTEN BY: ERICKA LOHMAN
DESIGNED BY: STACY WOODWARD



The T-REX Restaurant entrance immediately grabs attention. Photo by Ashley Arthur



Read your own palm

We all wonder how our love life will end up, or how long we'll be around, so what better way to find out than reading your own palm. Use these tips from Lifescript.com to help predict what your future holds.

Head Line:

This line doesn't deal with how smart you are, but rather how you think. It can indicate your beliefs, morals and general attitude toward life. This line begins right above the life line (also, remember that it's below the heart line) and travels across the palm.

How to read your head line:

- A short line shows you prefer working toward physical achievements rather than mental ones.
- A curved, sloping line indicates creativity.
- If your head line and life line are separated, you enjoy the taste of adventure and have great enthusiasm for life.
- A wavy line shows that you have a short attention span and don't enjoy deep thinking.
- If you have a deep, long line that stretches horizontally across the palm, then your thinking is clear and focused. The straighter the line, the more realistic your thinking is.

Life Line:

This line starts on the edge of your palm, in between your index finger and thumb. It extends down your palm. Situated below your heart and head lines, this line will tell you about the quality of your life.

How to read your life line:

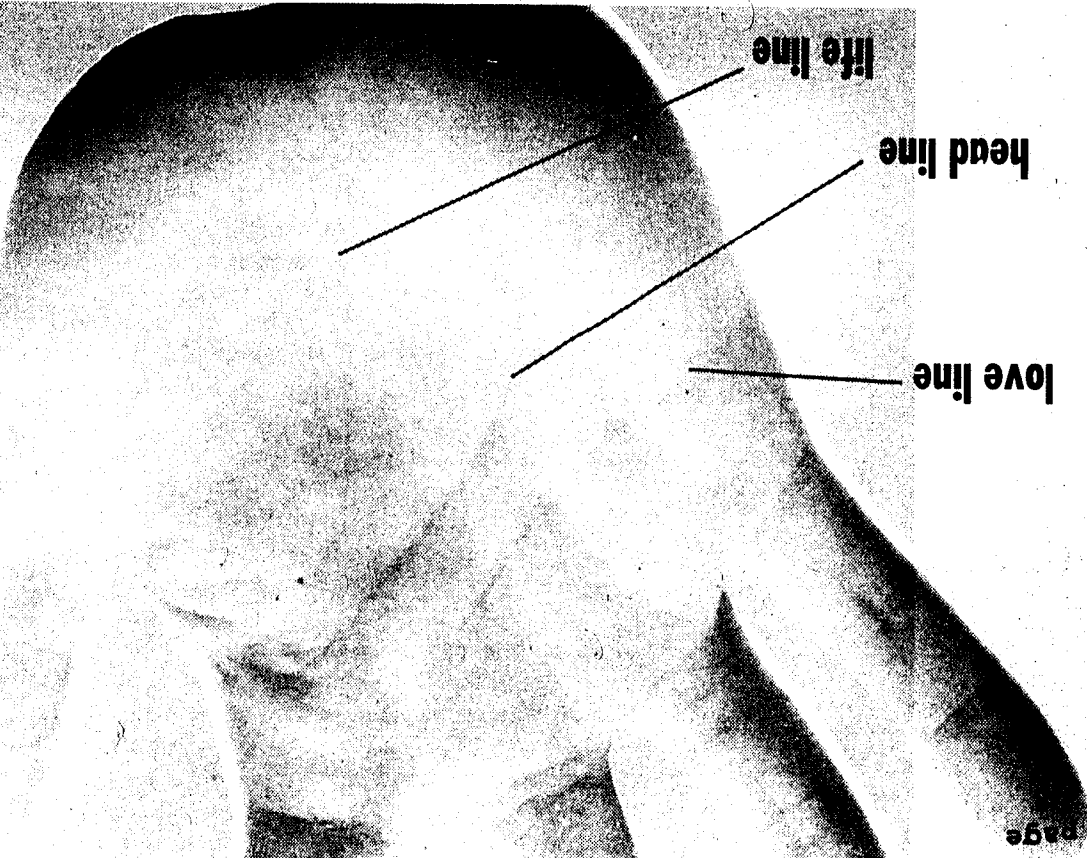
- A life line that runs close to your thumb indicates that you are often tired.
- If your line is curvy, you have a lot of energy.
- A long, deep lifeline indicates that you'll have a long, healthy life filled with vitality.
- If the line is short and shallow, then it may indicate that you let others control your life for you.
- If the line swoops around in a semicircle, you have tremendous strength and enthusiasm.
- If the line is straight and stays close to the edge of your palm, you are cautious when it comes to relationships and often hold back from love.
- If you have two or even three life lines, then this means you have extra vitality and positivity around you.

Love Line:

Your love line, also known as your heart line, relates to all the emotions and situations that are associated with love. This line is above your head and life line. It begins under your index or middle finger and extends toward your pinky.

How to read your love line:

- If the line starts directly underneath the index finger, then you are content with your love life.
- If your line begins right below the middle finger, this indicates a selfish and materialistic outlook when it comes to love.
- A line that begins between the middle and index finger signifies that you give your heart away too easily.
- If the line is straight and short, you have a high sex drive and aren't particularly concerned with romance.
- If the line points downward and touches your life line (which is on the bottom), then it's easy for you to have your heart broken.
- A line that is long and curvy indicates that you freely express your emotions and feelings.
- A love line that is straight and parallel to the head line indicates that you have a good handle on your emotions.



in any case, you could use this for a pickup line

photo courtesy of a no coast november

P.S.

Art and Entertainment Guide

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he said, she said
check out the clashing
views from two
northwest students in
our version of battle of
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we have everything
you'll need from coffee
to wisdom to help sur-
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of tests. p. 3

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ever wanted to know
what the future holds?
what about those crazy
dreams you've been
having? we'll help you
figure it all out. p. 8

VIVA LA BAND

Get the scoop on this up and coming local group, A No Coast November

in this issue

local band rocks out
we got the chance to talk to a no coast
november about its up and coming rock
star career.
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'tis the season to break out the holiday
movies, and honestly, who doesn't love
wasting time watching YouTube videos?
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reviews
our staffers want to keep you up to date
on all the new, hot entertainment, so
they've chosen a couple of bands and a
movie to keep you current
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Thumbs Up Thumbs Down



- The "Twilight" movie opening tomorrow. Everyone needs an Edward Cullen in their life
- Having a five day break from school for Thanksgiving
- The holiday season quickly approaching
- "Wall•E" coming out on DVD this week
- Taylor Swift's, "Fearless" being absolutely amazing

- Cold weather and excessive winds. Summer, anyone?
- Main Street still being closed
- Janet Jackson canceling the rest of her tour
- Amy Poehler leaving SNL
- Britney Spears' new album, "Circus" being leaked on the Internet



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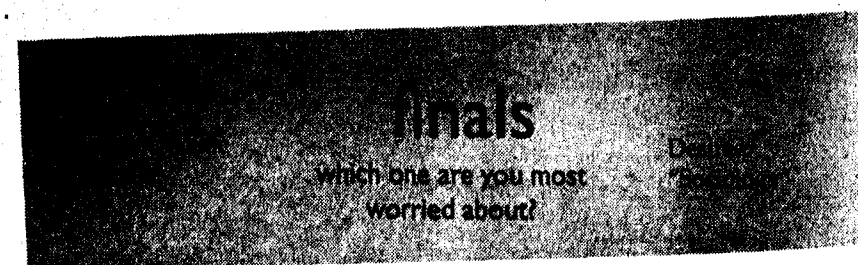
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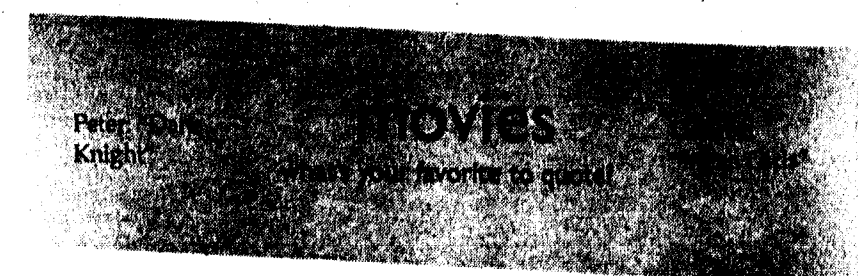
he she said, said



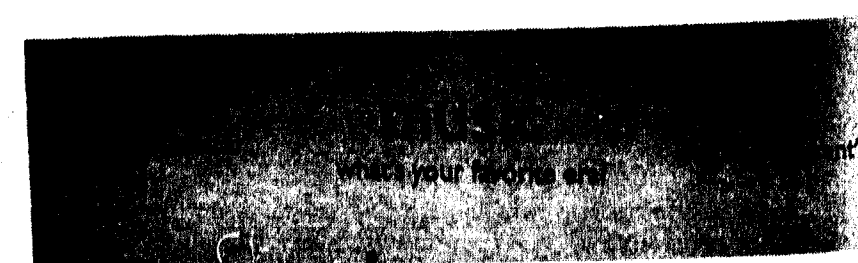
Desiree Fields and Peter Hodges



Peter: "Coconut
cream pie" **thanksgiving** Desiree: "Green
favorite meal? beans"



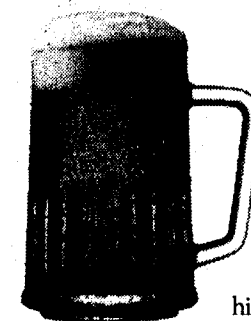
Peter: "Neither" **listen** Desiree: "iPod"
iPod or Zune?



P.S. want to be interviewed for he said/she said?
contact the P.S. desk at 562.1224 or e-mail at
ps.nwmissourian@gmail.com

A to Z of Finals Week

So it's a bit early...we
thought you'd need
time to prepare.

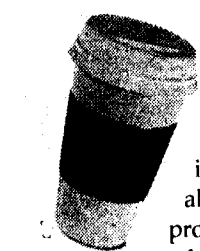


A - Alcohol

Let's face it - by the end of the week, everyone is going to want a drink. Some might wait until Thursday or Friday, but the lucky few who are done with finals early in the week will probably hit the bars to relieve some stress and make sure they part ways with the Maryville night life properly before leaving for a month.

B - Brain aches

With finals comes studying, and with studying comes total brain aches. Similar to a headache, brain aches are the direct result of countless hours spent with notes, books and other materials needed to study. Unfortunately, these aches aren't typically cured until the end of the week.



C - Coffee

Java City will be the most popular place on campus during finals week. Students will be all jacked up on caffeine and will probably crash hard-core at the end of the week.

D - Dread

Honestly, who looks forward to this week? It's a campus-wide feeling of dread as the week inches closer. We all know it's coming, and unfortunately, it's right around the corner.

E - Early 7:30 finals

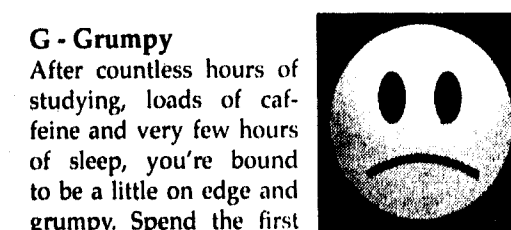
I don't know who thought starting finals at 7:30 a.m. was a good idea, but they were terribly mistaken. Make sure you at least get a couple hours of sleep the night before if you are one of the chosen few with an early test.

F - Friday

The end of the week has never looked so good. Friday brings two great things: the end of the awful tests, and the beginning of a month-long break from school. Amazing.

G - Grumpy

After countless hours of studying, loads of caffeine and very few hours of sleep, you're bound to be a little on edge and grumpy. Spend the first week of break catching up on sleep so you're in a better mood and can enjoy the time off.



H - Help!

Having trouble in a class? Head to the TDC where they can set you up with someone who will help get you on the right path just in time for the big tests.



I - Ice Cream

Who doesn't love ice cream? It's comforting when you're stressed, not to mention it's a quick and delicious midnight snack.

J - Jet Alert

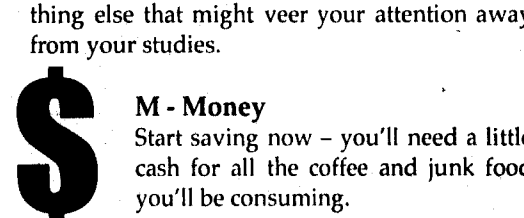
So, it's probably not the best way to keep you awake, but this little pill works. One of these little guys is equivalent to two cups of coffee, so don't take more than one at a time if you choose to take them.

K - Keep on keepin' on

That's right, keep your head up. No matter how frustrated you get during finals week, keep in mind it's the end of the trimester and you are about to get a long, enjoyable break away from anything school related.

L - Library

A home away from home for many students during finals week, the library is a great place to study if you want to seclude yourself and not have the distractions of a roommate, TV or anything else that might veer your attention away from your studies.



M - Money

Start saving now - you'll need a little cash for all the coffee and junk food you'll be consuming.

N - No sleep

Might as well accept it - you won't be sleeping much. You'll either be studying, jacked up on caffeine or partying because you're done, so there is no time for rest.

O - OMG!

There will be plenty of times you will want to scream and pull your hair out, but try to relax and get through the week.

P - Passed out

Whether you are passing out due to alcohol intake at the end of the week, or from the lack of sleep, it will be a wonderful slumber at the end of a crazy week.

Q - Questions

Questions are on tests, study guides and in every dream you'll have of studying throughout the week.

R - Running

Exercising will help relieve some stress, so find time to hit the gym at least once during the stressful week.

S - Studying

Obviously, you'll be studying a lot during finals week. How else are you supposed to prepare?

T - TV

Sure, it's not productive, but it is a great study break.

U - Unmotivated

We all get this way, especially when we're tired and sick of studying. Try to stay focused, even when you want to give up halfway through the week.

V - Vicious

The tests, late nights, study guides - they're all vicious, terrible things.

W - Wake up on time

There wouldn't be anything worse than sleeping through a final. Make sure you set your alarm - and wake up when it goes off.

Y - Yawn

There will be plenty of yawns to go along with the lack of sleep, right?

Z - Zzzzz

The worst thing about finals week (other than the actual tests) is the lack of sleep. Catch up as soon as your tests are over - it's well deserved.



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Top 5 holiday movies of all time

By Brian Johnson
Entertainment Reporter

'Dr. Seuss's How the Grinch Stole Christmas'

Who doesn't want to watch this 10 times in a row when it's on TV? The story of everyone's favorite green thief and Whoville has been warming our hearts for more than 40 years while still remaining popular. This entertaining tale of giving instead of receiving may only be 26 minutes in length, but its impact will stick with us forever.

'Eight Crazy Nights'

Adam Sandler as a drunken, animated buffoon, what more could you ask for? One of the few Chanukah-themed movies, Sandler gave us a different type of holiday film. It's basically "Billy Madison" meets "A Christmas Carol." This film wasn't very popular critically or commercially in its theatrical run, but has since become popular on DVD and has become a cult favorite.

'It's a Wonderful Life'

The most classic of holiday movies. The story of a man who is shown what his life would be like had he never existed has been a television staple since its creation in 1946. The iconic Jimmy Stewart lifted our

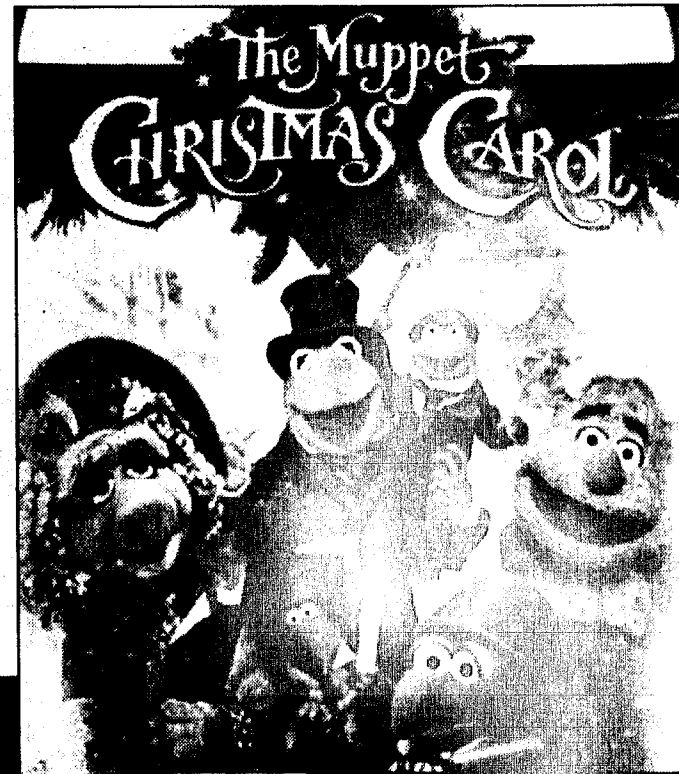
hearts and brought us to tears. This film is set against the backdrop of the holidays, but the message transcends the setting. Finding yourself, realizing you are loved and being with the ones you loved is all that matters in this world. That's the true meaning of the holidays.

'The Muppet Christmas Carol'

There have been many interpretations of this classic novel by Charles Dickens, but this is by far the most entertaining. Combine the lovable Muppets, the classical acting of Michael Caine as Ebenezer Scrooge and brilliant infectious songs and you have a Christmas gift for the whole family. I defy anyone to find anything more adorable than a little frog as Tiny Tim in this movie.

'Elf' Who would've thought Will Ferrell in a kids' movie would work so well? Ferrell provided a stocking full of laughs as man-child Buddy the Elf who goes on a journey to find his real father in New York City. Two of the greatest actors of all time, James Caan ("The Godfather") and Bob Newhart ("The Bob Newhart Show") along with the lovely and talented Zooey Deschanel ("Almost Famous") make up a spectacular supporting cast.

The best of...



Top 5 YouTube videos of all time

By Jesse Murphy
Missourian Reporter

'Charlie Bit My Finger - Again!'

This is absolutely numero uno, my friends. There are two kids sitting on a chair, they are obviously brothers. The older kid sticks his finger into the baby's mouth, and the baby immediately bites it. The older one proceeds to explain what just happened. At first he sounds like Forrest Gump when he says "Charlie bit me," but then you realize the kid is British. The accent really brings out the pain of the word "ouch." The video has more than 60 million views, and it's funny every time.

'Bad Dating Videos!'

Nothing can be said besides "wow." It might not be so easy to think that these are real people actually saying this stuff on camera, but how could you make it up? The video is full of dorky people trying to find love. But when you hear what they say about themselves, they become even more undesirable. It's ridiculous, and if people like this are actually out there, things are worse than I thought.

'Roofball'

This is the mother of all sports. The people in this one basically play hackey-sack with a soccer

ball. The amazing part is they play 50 yards or so away from each other. They do flips and kicks, it's amazing. There is even a scene with two guys standing on two different rooftops and kicking the ball back and forth. Sounds dangerous, but I think they could be called professionals.

'He Kicked Him in the Penis'

Yeah, I said it, and so does a little kid. But it's innocent. He's telling a story about seeing a movie where someone gets kicked in the groin, and in my opinion he could have said something worse. This video is from a commercial for Trigon Blue Cross/Blue Shield Insurance. I don't know if it ever actually aired, but this kid would have me sold. It takes him awhile to get to it, then he comes out and says what he saw. It's hilarious.

'Kassie Kicks Monster's Ass'

A little girl named Kassie is worried about monsters coming out of a movie and hurting her. She does have a plan though, and that is the element of surprise and striking first. Don't worry about those cartoons as long as she is in the house. You can hear a woman laughing hysterically in the background while seeing confusion on Kassie's face. She isn't quite sure what is so funny. At the end the woman corrects her, telling her she should say "butt" instead. Great parenting.

New band knows how to make impact

By Brian Johnson
Entertainment Reporter

Driver Side Impact may be the best thing to come out of Cleveland in a while. Yes, that includes you too, Drew Carey.

The quintet has been working hard for the past three years, and it's finally starting to pay off. With an air of Hawthorne Heights and Boys Like Girls, Driver Side Impact fits the perfect mold of a great emo pop-punk band.

In a time where emo is the "in" thing in rock music, it's nice to see some innovation in the genre. This is one of the first emo bands I've heard in a long time to employ innovative guitar sounds.

Guitarists Jack and Mark pull off sweet, minimal and not overly dramatic guitar lines. The ambient noise of "The Heist" and "We Are Your Own" is a prime example of this.

The band has become one of the most popular punk bands on the Internet thanks to Web sites such as Purevolume.com and Myspace.com. Some would call this hype, but I call it talent.

It's very easy to see why so many have gotten into this band. An innovative dichotomy is created by this band with laid back melodies and entrancing vocals and heavy guitars.

The standout song from this band is "Walk

On Water." It's a lot heavier than the band's other songs, but it's one of those songs that could easily be a punk rock anthem. It's got amazing vocals and lyrics from frontman Brandon as well as distorted yet tasteful power chord guitar lines.

The band is signed to the highly popular independent label Victory Records. That should speak a lot about what the industry thinks about this band. The same label that Hawthorne Heights and Atreyu came from obviously knows how to produce great rock bands. Driver Side Impact is no exception.

Emo has become a current fad, but I have a good feeling that this band will rise above the label of just being an emo band. They have already proved they are true musicians with songs that are each unique in their own right.

Each song the band has put out sounds like it has a different band playing, which shows how versatile Driver Side Impact is.

Why bands like the Jonas Brothers are tearing up the Top 40 charts and not bands like this is beyond me. Overly produced and packaged bands will come and go, but true artistic talent like Driver Side Impact should always be recognized.

To find out more about Driver Side Impact and to listen to some tracks, check out: Myspace.com/driversideimpact and Purevolume.com/driversideimpact.



Staffer thinks AC/DC's 'Black Ice' falls short

By Marshall Carlson
Missourian Reporter

AC/DC is back in a new kind of black. But the band unfortunately continues its long-lasting tradition of simple, guitar-centered songs that never develop with its newest release, "Black Ice." This is the band's first album since "Stiff Upper Lip" which was released in 2000.

AC/DC is so simple with its music that within the first five tracks, there were only six, maybe seven ideas expressed by the only person that contributes to the band, Angus Young.

Sure, Young can play guitar with more proficiency than maybe 80 percent of guitarists, but he lacks to show diversity, especially on "Black Ice." The first two tracks, "Rock 'N Roll Train" and "Skies On Fire," are perfect examples. Not one phrase from Young can be found that remains undistorted, and every riff is just as simple as the previous.

It's a shame Young receives little to no

help from bassist Cliff Williams or Phil Rudd on drums when it comes to contributing to the sound of the whole band. The most innovative the band gets is with "Rock 'N Roll Dream," which is still chock-full of Brian Johnson's repetitive vocal phrases and Young's never-changing guitar.

The lack of creativity from the instrumentalists isn't the only flaw in the band's latest album. If you ever find yourself thinking what the title of a song may be, all you need to do is wait for Johnson to repeat it 10 times over. Problem solved. Need proof? Listen to "War Machine" or "Big Jack."

I will give the band one thing: they know how to put on a show. Full episodes of raw energy surge from AC/DC compliments of Young, but I kept waiting for that energy to transfer over to what's important in music, the sound. The sixth track on "Black Ice," "Smash 'N Grab," quotes "Come on, let's blow your mind." Good luck.

Molly Hartley just another average teen horror movie

By Rachel Fair
Missourian Reporter

Save your money and just get your dose of Chace Crawford on The CW Monday nights.

When Molly Hartley moves to a new town with her father, all she wants to do is get by and forget about her horrendous past. She later finds out her past is the least of her worries, with a future like hers.

"The Haunting of Molly Hartley" is just your average teen horror movie. With a little blood, plenty of death, the mean girl, the sweet girl and the popular Abercrombie-Model-Look-A-Like/lacrosse-Captain, the audience will feel as if they've seen this movie a thousand times. Though the acting was decent, the storyline was about as original as "girl turns 18 and has her soul stolen by the devil" can get.

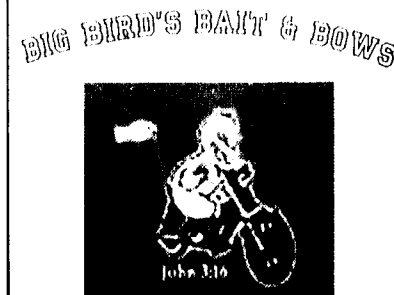
The movie begins with the death of some girl who means nothing to the actual story. There are many dream sequences from Molly's point of view, all of which feature her mother who is now in the crazy bin. It's just Molly and

her father, and he enrolls her into prep school that includes the cliché characters you usually see in movie prep schools. Each affects Molly's life in some way or another. Many people die in awful death scenes (and not awful in the good way.) Also, shocking discoveries that get figured out 10 minutes before they actually happen, because the same thing happened in another movie.

The cast wasn't too horrible, but it was probably the only reason it calculated a gross of about 53% on opening weekend, according to BoxOffice.com. Gorgeous "Gossip Girl" star, Chace Crawford, plays the popular boy, Joseph Young, and the new "90210"'s feisty AnnaLynne McCord plays Suzie, the mean girl. Haley Bennett ("Music and Lyrics") starred as Molly Hartley and switched up the scenery a bit by giving a pretty flawless performance.

Don't feel too offended by the cookie-cutter form of this movie, though. It will keep you on the edge of your seat in parts, and the end will leave you shocked, ticked, or just plain confused.

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Left to right: Tyler McIntosh, Steve Lydick, Ben Davis, Cody Lilly, Jeff Ritchie

photos by britney cheever | for the missourian

AlternativeEnergy

Local band talks about its evolving music, songwriting and aspirations

By Brian Johnson
Entertainment Reporter

A club full of fans are packed in tight on Halloween night at the World Famous Outback. They have come to hear a new band amidst the booze and the debauchery of a typical night in Maryville.

The band is almost ready. Guitars are tuning and throats are clearing, after which they indulge in a quiet, somber moment around the drum set before answering their calling.

Lead singer Tyler McIntosh lights up a cigarette before torturing his voice in the hours to come. Women scream as he grabs the microphone, ready to lead his band like a captain leading his troops into battle. This is their world. This is the world of A No Coast November.

The band's feeling when it is on stage is almost euphoric. They are lost in their own music. It's a blank, yet fulfilling moment as the band said.

"We're all here for the same reason," guitarist Steve Lydick said. "You get the same feeling when you read a good book or see a good movie and get

lost in the story."

The Maryville band has only been together for three months, but already have had more than 20,000 plays on its MySpace. An alternative rock band by nature, A No Coast November has earned a considerable amount of attention from Northwest as well as the rest of the country.

"There's people that have bought our iTunes stuff in like Australia and Europe," bassist Jeff Ritchie said.

The band first started as three separate bands. Steve Lydick (guitar) Jeff Ritchie (bass) and Cody Lilly (guitar) had their own band, McIntosh was the lead singer of another band and Ben Davis (drums) was also in another band.

Before this, they never had any contact with each other. That all changed when Lilly and Lydick went to a concert and heard McIntosh's voice.

"We were like 'we have to have him,'" Lilly said. "So we started plotting ways to get him in our band."

The plotting eventually worked. All the respected members' bands eventually parted ways and they came together. A No Coast November

was born.

"We didn't ever expect this to happen," Ritchie said. "We get along so well, we've gotten over our egos and our pride and now we just absolutely love each other."

The band jokingly calls its music "sex for the ears." Fans have compared them to Red Jumpsuit Apparatus and The Starting Line, but the band claims it never tried to sound like anyone else.

"What's most important is writing music that we're comfortable with," Lydick said. "It comes out in different ways, so it's whatever we can do to make that happen."

There is no set formula for songwriting in this band. They like to classify their songwriting as "sporadic" and that there has been little trouble writing songs this way.

The songwriting first came to a head on July 31 of this year. That was the day their first EP was released. The album had only three songs on it, but the word spread thanks to their loyal fans.

"We have loyal fans that have believed in us from the beginning," Ritchie said. "Those guys are just awesome."

"Some girls send us cookies," McIntosh was quick to add.

The band has only played a few shows, but there will soon be more. They have already planned a winter tour of the Midwest. They are also shipping up north to Pennsylvania and riding down south to Kentucky on this tour.

New projects are also in store for A No Coast November. They are working on recording their newest CD by purchasing some professional studio recording time in Minnesota.

"Our music is evolving so fast," Ritchie said. "We're going to record in March. We're so excited. I think about it every day."

At this point in time, the band realizes there aren't a lot of other bands in Maryville. They think this is because there are a lot of bands that don't know how they can start or where they can play.

"In this part of the area when it's so rural, it's really tough," Lydick said. "If you're in Kansas City, you hear about other bands, if you're in Clarinda, it's harder to hear about those bands because you're still kind of distant."

The band can thank the Internet for much of

its success. Their Myspace and Purevolume Web sites have provided listeners with easy access to their material.

"Ten years ago it was much harder for independent artists to make it," Lydick said. "File sharing and peer-to-peer has changed absolutely everything."

The band has high expectations. They hope to one day be as successful as The Red Jumpsuit Apparatus.

"I'm shooting for the stars and I'm pretty sure everyone else is with me on that," Davis said.

A No Coast November says it's willing to work as hard as possible to get to where it wants to be. They believe that when you're in a band you have to believe in yourself and it doesn't matter what other people say.

"We've done some awesome things in just three months," Ritchie said. "That's proof of why we're excited."



For video on A No Coast November
check out Nwmissourinews.com

Read your own palm

We all wonder how our love life will end up, or how long we'll be around, so what better way to find out than reading your own palm. Use these tips from Lifescript.com to help predict what your future holds.

You have three main lines on your palm, each of which indicates a separate area of your life. Your love line is the line on the top, your head line is in the middle and your life line is on the bottom.

Love Line:

Your love line, also known as your heart line, relates to all the emotions and situations that are associated with love. This line is above your head and life line. It begins under your index or middle finger and extends toward your pinky.

How to read your love line:

- If the line starts directly underneath the index finger, then you are content with your love life.
- If your line begins right below the middle finger, this indicates a selfish and materialistic outlook when it comes to love.
- A line that begins between the middle and index finger signifies that you give your heart away too easily.
- If the line is straight and short, you have a high sex drive and aren't particularly concerned with romance.
- If the line points downward and touches your life line (which is on the bottom), then it's easy for you to have your heart broken.
- A line that is long and curvy indicates that you freely express your emotions and feelings.
- A love line that is straight and parallel to the head line indicates that you have a good handle on your emotions.

Head Line:

This line doesn't deal with how smart you are, but rather how you think. It can indicate your beliefs, morals and general attitude toward life. This line begins right above the life line (also, remember that it's below the heart line) and travels across the palm.

How to read your head line:

- A short line shows you prefer working toward physical achievements rather than mental ones.
- A curved, sloping line indicates creativity.
- If your head line and life line are separated, you enjoy the taste of adventure and have great enthusiasm for life.
- A wavy line shows that you have a short attention span and don't enjoy deep thinking.
- If you have a deep, long line that stretches horizontally across the palm, then your thinking is clear and focused. The straighter the line, the more realistic your thinking is.

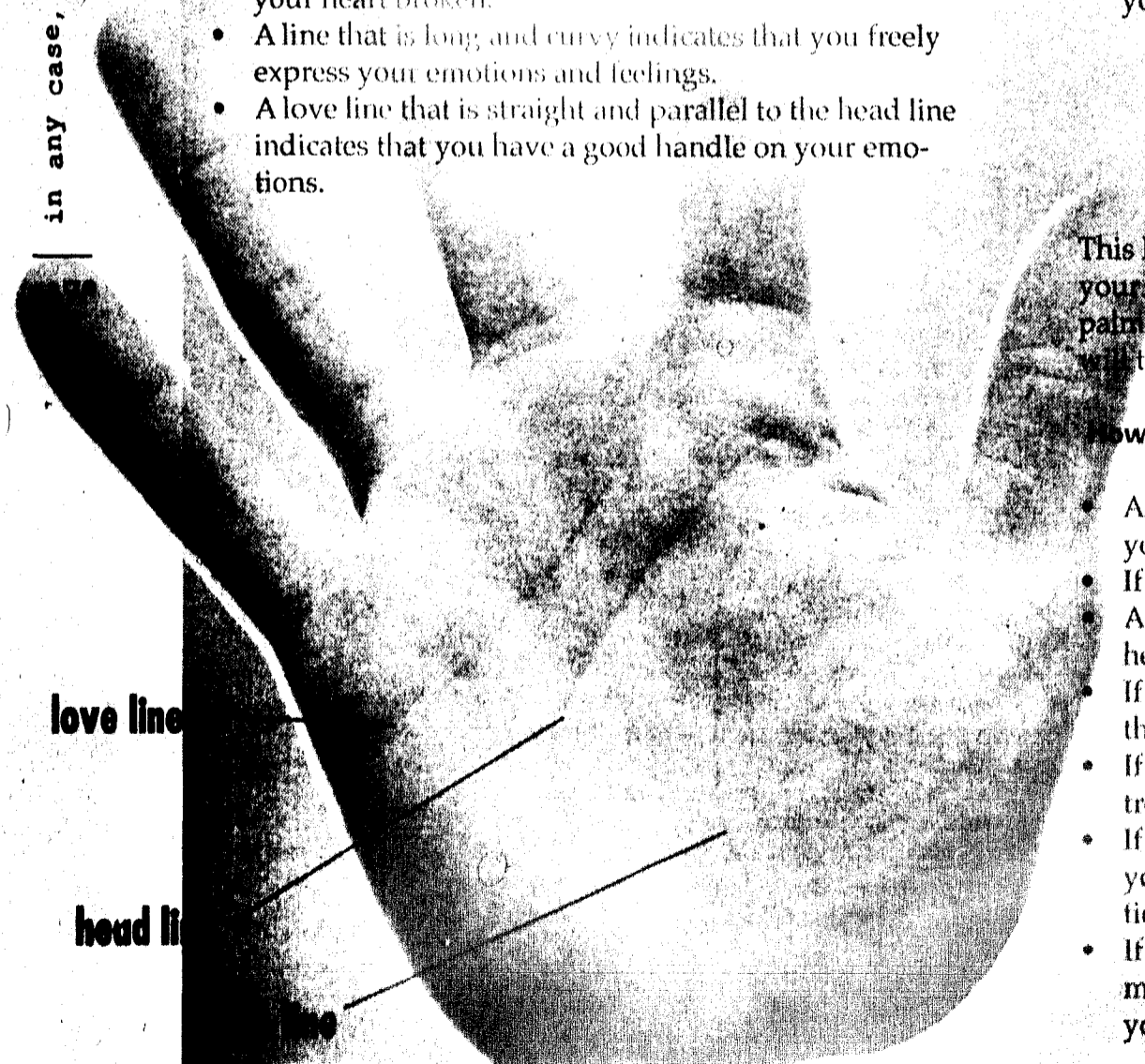
Life Line:

This line starts on the edge of your palm, in between your index finger and thumb. It extends down your palm. Situated below your heart and head lines, this line will tell you about the quality of your life.

How to read your life line:

- A life line that runs close to your thumb indicates that you are often tired.
- If your line is curvy, you have a lot of energy.
- A long, deep lifeline indicates that you'll have a long, healthy life filled with vitality.
- If the line is short and shallow, then it may indicate that you let others control your life for you.
- If the line swoops around in a semicircle, you have tremendous strength and enthusiasm.
- If the line is straight and stays close to the edge of your palm, you are cautious when it comes to relationships and often hold back from love.
- If you have two or even three life lines, then this means you have extra vitality and positivity around you.

in any case, you could use this for a pickup line



its exterior walls will sand filters through the bones. Cave-like walls and an at T-REX Restaurant. Giant bugs hang from life-like trees creating a rugged outdoors interior and an ice age-themed lounge that will make the imagination run wild. The broad menu is great for picky eaters, offering customer favorites such as the Bromo Burger, Thrashie Tortellini and T-Rex Rib Eye. Figure-friendly entrees of salads, soups and sandwiches are also available, prices ranging from \$8 to \$12. The wood-burning stove engulfed in flames, referred to as the "Kitchen of Fire", will whip up a tasty pizza if Italian cuisine sounds like it will hit the spot. Shop, eat, explore and travel back to an era of wildlife and mystery. The T-REX Restaurant is great for the entire family. Words alone can't justify the "dino-wild" atmosphere. So take a walk on the wild side with these extinct creatures that once wandered the world.

WRITTEN BY: ERICKA LUDMAN
DESIGNED BY: STACY WOODWARD
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creator Steven Schuster said. "The prehistoric family adventure is a place to shop, eat, explore and discover—where whimsically and really meet to entertain and educate all ages," founder and creator Steven Schuster said. "The prehistoric family adventure is a place to shop, eat, explore and discover—where whimsically and really meet to entertain and educate all ages," founder and creator Steven Schuster said.

Once inside, an aquarium of tropical fish draws attention to the bar and dining area. To the left of the bar, busy shoppers hustle and bustle at the gift shop decorated as a rainforest. Further inside the shop rests the roaring opportunity to build the ultimate dinosaur. Build-A-Dino center allows guests to make custom stuffed dinosaurs, prices ranging from \$15 to \$22.

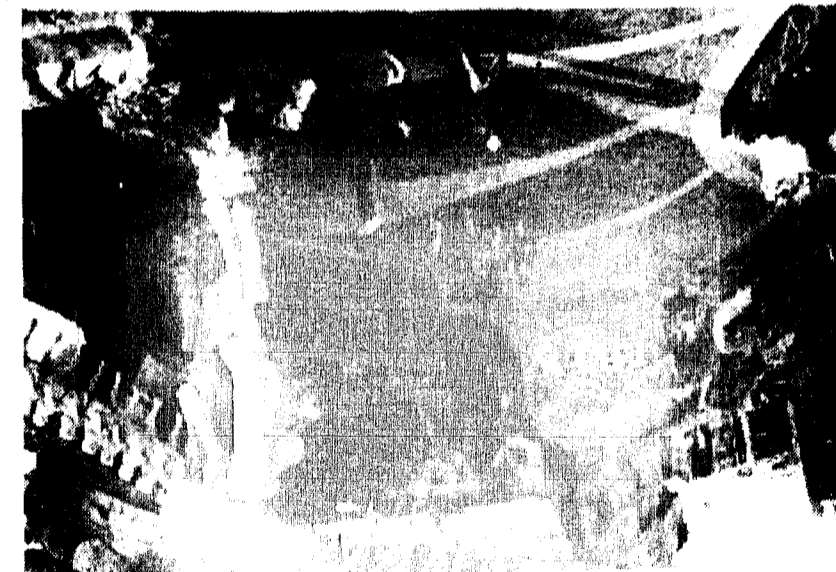
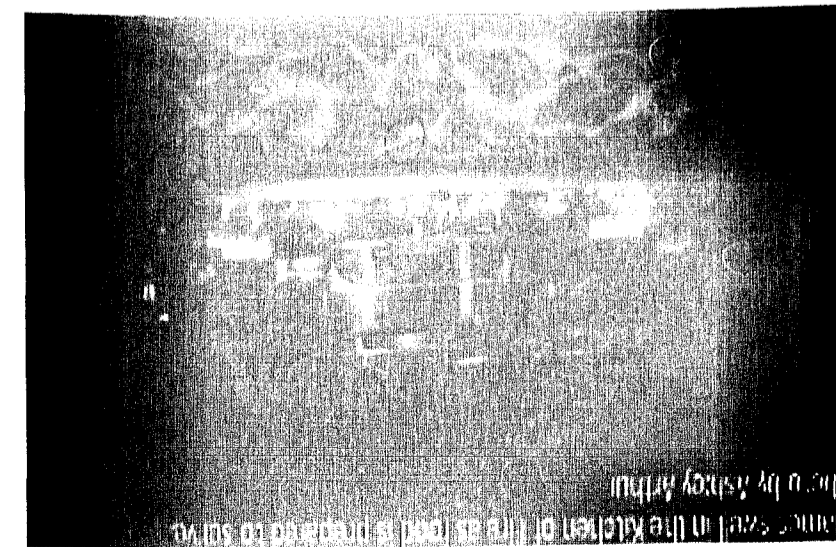
"A lot of people come to look around," shop worker Kaci Lauritzen said. "It's not just the food that draws people in, but the atmosphere more than anything."

Enriched with educational learning centers for kids and an illuminated octopus

Grab a bite to eat with dinosaurs and sea creatures

CHEW ON THIS

point of view



The giant purple octopus hangs over customer's shed dinner tables. Photo by Ashley Arthur

The T-REX Restaurant entrance immediately grabs attention. Photo by Ashley Arthur